

Co-facilitators: Michelle Karnath, Katie Favela, Emma Ocampo, and Dona Allison		Discussion Leader	Time Allowed
Welcome and Introductions:	 Log on/Technical assistance as needed General Announcements Comfort Agreement Introductions 	Michelle	4:00-4:10
Community Spotlight	Youth Tri-Lead-	Emma	4:10-4:15
Newsletter Review	Wellness Activity of the Month: Gratitude	Dona	4:15-4:20
Presentation:	Washington Youth Challenge Academy: 16-18 years old. High school dropout or at risk of drop out. Drug free while in the program. Live on campus for 22 weeks. Services the entire state of Washington. Bremerton, WA looking to get a second site on East side. Progress tracked for 12 months after residential phase. 165 youth a class cycle, free program for students federally and state funded. Cadets live in platoons and stay in bays. 4:45am PT then academics Mon-thurs and formation at 3:45 lights out 8:45. Quasi military environment. First two weeks is acclimation phase, 12 academic classes 8 core classes. Apply online and complete medical information? Kelly Ingalls <u>Kelly.Ingalls@mil.wa.gov</u> South Region	Elizabeth Bergmann	4:20-4:40
Presentation:	Fort Vancouver Regional Library: Lots of groups and programs, not everyone there is a librarian. Read/Return/Repeat box available for locations. For more information visit your local library. They will help you provide books for your demographic. Want to tour the library do crafts and visit connect with Dre de Leon ddeleon@fvrl.org, 360-906-5123 https://www.fvrl.org/volunteer	Dre de Leon	4:40-5:00



Southwest FYSPRT Meeting Agenda Date: November 21st, 2022 Time: 4:00 p.m. – 6:00 p.m. Location: <u>Zoom Meeting</u>

Co-facilitators:		Discussion	Time
Michelle Karnath, Katie Favela, Emma Ocampo, and Dona Allison		Leader	Allowed
Presentation	YouthBHConnect: 503-704-5697: 450 students and families 90-120 days. In Evergreen, White Salmon and Goldendale. Closing the loops with After-hours Advocate Vanessa Support. Move with youth and family through MH journey for 90-120 days. Program increase access to BH Resources, increase access for Latinx, BIPOC, LBGQT+ and underserved students, Expand resources to include Telehelath, clinical, therapists, certified Health and Wellness Coaches, Health Advocates, Support students after hours on weekends and holidays 8am-10pm. This year supporting 450 students and families, Enrolled in Evergreen, White Salmon and Goldendale (Dec 22) SWACH, community Foundation- looking at 2 other school districts this year to put them at capacity. One on One After school support, MHConnect Team CMO-Physician, Director Clinical Operations, Health Advocate Team, Certified Health and Wellness Coaches and Clinical Therapists. Student counselor completes a student engagement plan SEP as referral to BHConnect, then video conference with student, family and counselor to start them off with how program works and what to expect short call (handoff call) Goals/Purpose of the program: remove obstacles that prevent student learning, increase attendance and on time school work completion, improve grades, connect study on the effects of the program. Challenges: Shift mindset about Telehealth vs onsite visit, educate counselors on options for BH resources, schools understanding the importance of family introduction of Health Advocate, Lack of inclusion to	Vanessa McLaughlin	5:00-5:20



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Update:	Adulting 101: 11/22 – FASFA and WASFA- change to incentive coming- Paris with Trio will be presenting tomorrow YAE: 12/5- season disconnection	Maranda and Emma	5:20-5:25
Activity:	Say What? Mad Gab	Dona	5:25-5:55
Wrap up/ Evaluations/ Questions:	https://forms.office.com/r/5yiWWBuyKd Next Meeting 12/19	Dona	5:55-6:00



http://swfysprt.org/

@FYSPRT



Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.

FYSPRT is a ... The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a communitybased group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.

Comfort	Listen when others are talking and save any input until they are finished. Share the floor "Step Up, Step Back!"
	Explain "lingo" i.e. acronyms and abbreviations.
Agreement	Practice respectful honesty and FYSPRT is a safe space void of any judgement.
	Keep an open mind.
	Wait until after the meeting to use your cell phone (unless in an emergency situation.)



Remember that what is said at FYSPRT, stays at FYSPRT.

Attend to support positive change.

SW FYSPRT members	Expand and sustain effective leadership roles for families, youth, and system partners
	Improve/expand outreach by utilizing local resources
	Ensure that youth and families are represented and have a voice at the FYSPRT
will	Create culturally diverse membership
	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list. *This is a living document and will be updated to reflect the guidelines