

SWWA Regional FYSPRT Meeting Minutes

Date: April 21, 2025

Location: Online Microsoft Teams

1. Call to Order:

The meeting was called to order, and participants were welcomed.

2. Agenda Overview:

Encouragement for engagement and meeting structure.

3. Ice Breaker Activity:

Participants shared their favorite things about spring, highlighting longer days, sunshine, outdoor activities, yard work, personal anecdotes, and some challenges like allergies.

4. Administrative Notes:

Reminder for participants to adhere to comfort agreement.

Request for updated contact information from certain attendees.

6. Presenters:

Marius and David from ESD 112 Links Project provided an overview of their SAMHSA grant activities and goals aimed at improving mental health outcomes for youth.

❖ Project Overview:

- The focus is on developing a comprehensive system of care in Washington.
- Activities include conducting a community needs assessment, creating referral pathways, and engaging peer advocates.

❖ Collaboration and Communication:

- Emphasis on connecting families with services and improving resource awareness.
- Continued conversations on aligning efforts and reducing duplication.

❖ Future Goals:

- Upcoming System of Care training for behavioral health providers.
- Increase engagement with peer advocates and implement parent education programs.

7. Additional Resources:

Discussion on Nexus, a youth led initiative for mental health support.

8. Wrap Up:

Emphasis on continuous collaboration and communication among community partners.
Commitment to keeping FYSPRT informed.

9. Closing Remarks:

Appreciation expressed for participation and contributions. Distribute evaluations and additional meeting details. Next Meeting: Scheduled for May 5th, focusing on summer selfcare and event preparation.

10. Upcoming Events:

BBQ and field day planned for June 21st, from 11 AM to 3 PM.