

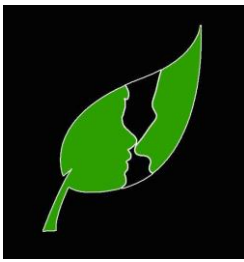
Southwest FYSPRT Meeting Agenda

Date: January 23rd, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

Co-facilitators: Michelle Karnath, Katie Favela, Emma Ocampo and Dona Allison		Discussion Leader	Time Allowed
Welcome and Introductions:	<ul style="list-style-type: none"> • Log on/Technical assistance as needed • General Announcements • Comfort Agreement • Introductions and Community updates 	Michelle	4:00-4:10
Newsletter Review	Wellness Activity of the Month: Breathing Exercises Review of Community Resources	Dona	4:10-4:15
Presentation:	Restorative Community Services Program	LaQuinta Daniels	4:15-4:35
Presentation:	Boys and Girls Club	Paige Persico and Caroline Reed	4:35-4:55
Let's Chat Breakout rooms	<p>Topic: Returning to in person meetings? When? Q1, Q2, Q3, Q4, Never How often? Monthly, Quarterly, Annually Have you ever attended in person FYSPRT meeting Yes- what is something that you would like to make sure continued in those meetings or what is something that you would like to change from those meetings No- what is something that you would like to see happen at the in person meetings What type of incentive would you like to see happen? What type of refreshments would you like to see provided? Should the times stay the same?</p>	Dona	4:55-5:25
Update:	<p>Adulting 101: YAE: Topic: Statewide FYSPRT next Meeting 2/23 from 3-5pm</p>	Maranda Emma Michelle/Katie	5:25-5:35



Southwest FYSPRT Meeting Agenda

Date: January 23rd, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

Co-facilitators: Michelle Karnath, Katie Favela, Emma Ocampo and Dona Allison		Discussion Leader	Time Allowed
Activity:	Scavenger Hunt	Dona	5:35-5:55
Wrap up/ Evaluations/ Questions:	Next Meeting 2/27 due to Presidents day on 2/20 Evaluation link will be provided during the meeting.	Dona	5:55-6:00



<http://swfysprt.org/>



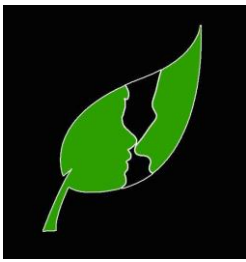
@FYSPRT



@swwa_yae

FYSPRT is a ...	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.</p>
------------------------	---

Comfort Agreement	<u>Listen</u> when others are talking and save any input until they are finished. Share the floor “Step Up, Step Back!”
	Explain “lingo” i.e. acronyms and abbreviations.
	Practice respectful honesty and FYSPRT is a safe space void of any judgement.
	Keep an open mind.
	Wait until after the meeting to use your cell phone (unless in an emergency situation.)
	Remember that what is said at FYSPRT, stays at FYSPRT.
	Attend to support positive change.



Southwest FYSPRT Meeting Agenda

Date: January 23rd, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

SW FYSPRT members will...	Expand and sustain effective leadership roles for families, youth, and system partners
	Improve/expand outreach by utilizing local resources
	Ensure that youth and families are represented and have a voice at the FYSPRT
	Create culturally diverse membership
	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list.

*This is a living document and will be updated to reflect the guidelines