

## Southwest FYSPRT Meeting Agenda

Date: December 19th, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

<b>Co-facilitators:</b> Michelle Karnath, Katie Favela, and Dona Allison		<b>Discussion Leader</b>	<b>Time Allowed</b>
<b>Welcome and Introductions:</b>	<ul style="list-style-type: none"> <li>Log on/Technical assistance as needed</li> <li>General Announcements</li> <li>Comfort Agreement</li> <li>Introductions and Community updates</li> </ul>	Michelle	4:00-4:10
<b>Newsletter Review</b>	Wellness Activity of the Month: Yoga Upcoming Community Events Review of Community Resources	Dona	4:10-4:15
<b>Presentation:</b>	PAVE	Jerri Clark	4:15-5:00
<b>Presentation:</b>	A Way Home Washington	Terrell Berry	5:00-5:20
<b>Let's Chat</b>	Trying a new meeting segment: What should we call it? What do you want to see more of in the meetings? Topics that interest you? Break out rooms	Dona	5:20-5:35
<b>Update:</b>	Adulting 101: 1/10 Topic- Fitness YAE: Topic: TBA 1/9 due to New Year Day Observation on 1/2/22 Statewide FYSPRT on 12/1: Update with YACC update	Maranda and Michelle/Katie	5:35-5:40
<b>Activity:</b>	Holiday Trivia	Michelle	5:40-5:55
<b>Wrap up/ Evaluations/ Questions:</b>	Next Meeting 1/23 due to Martin Luther King Jr day on 1/16 Evaluation link will be provided during the meeting.	Dona	5:55-6:00



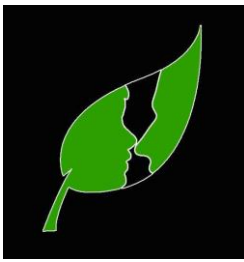
<http://swfysprt.org/>



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<b>FYSPRT is a ...</b>	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.</p>
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<b>Comfort Agreement</b>	<p><u>Listen</u> when others are talking and save any input until they are finished. Share the floor “Step Up, Step Back!”</p> <p>Explain “lingo” i.e. acronyms and abbreviations.</p> <p>Practice respectful honesty and FYSPRT is a safe space void of any judgement.</p> <p>Keep an open mind.</p> <p>Wait until after the meeting to use your cell phone (unless in an emergency situation.)</p> <p>Remember that what is said at FYSPRT, stays at FYSPRT.</p> <p>Attend to support positive change.</p>
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<b>SW FYSPRT members will...</b>	<p>Expand and sustain effective leadership roles for families, youth, and system partners</p> <p>Improve/expand outreach by utilizing local resources</p> <p>Ensure that youth and families are represented and have a voice at the FYSPRT</p> <p>Create culturally diverse membership</p> <p>Help address stigma around behavioral health for the community</p> <p>Review Wraparound with Intensive Services (WISe) Data Reports quarterly</p>
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If you have something you would like to add, please share with the group and it will be added to the list.

\*This is a living document and will be updated to reflect the guidelines