

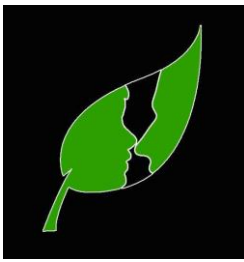
Southwest FYSPRT Meeting Agenda

Date: August 15th, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

Co-facilitators: Michelle Karnath, Katie Favela, Dona Allison		Discussion Leader	Time Allowed
Welcome and Introductions:	<ul style="list-style-type: none"> • Log on/Technical assistance as needed • General Announcements- Tri-Lead Updates • Comfort Agreement • FYSPRT event tomorrow – Own Your Future • Community needs assessment has started please completed survey no matter role within FYSPRT <ul style="list-style-type: none"> • https://forms.office.com/r/ckAbriEq3H 	Michelle	4:00-4:15
Community Spotlight:	<p>SWWA Monthly Community Spotlight- Youth Mobile Crisis, started coming to FYSPRT as part of her internship found that it was a great resource. YMCI is a short term crisis team for youth. Program tries to deescalate the situation and work with the family for up to 7 days and connect them with resources in the community. Available 9am to 11pm, but dispatching is available to hospitals in the time they are not active. They will meet in the community where the youth needs it. They are fully staffed during the summer months they are slowing down, spring time is the busiest time. Expect more to pick up with school starting. 8 clinicians on staff, no volunteers at this time, but will borrow from WISE from time to time. Client can continue to see their therapist even when being followed by crisis team for 7 days.</p>	Carole Gamoy, Catholic Community Services	4:15-4:35
Presentation:	<p>ECHO- autism evaluations. COE process. About 3 years ago when Margaret started with WISE one of the barriers found, was that many kids might have autism but there was no evaluation to confirm. COE-circle of excellence extra hoops taken in order to diagnosis autism. Started by going to a training, there are trainings several times a year. One day event, after doing several modules online. The training is the nuts and bolts of the diagnosis, left the</p>	Margaret Ngai, Catholic Community Services	4:35-5:05



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	<p>training not ready to actually diagnosis even though she legally could. CCS supported Margaret in getting training to administer the ADOS and use at CCS. The HUB team of the ECHO group is Neurologist, Speech language specialist, Dietitian, Resource coordinator, and many more roles. ECHO meets twice a month to review best practices and lean on each other for every topic. Completed 17 evaluations so far this year and completed 25 last year. Even if autism diagnosis is not given families will end up on the same page in understand why or why not? Average case load is between 80-120 clients with currently 46% has an autism diagnosis. To utilize services start with WISe. The waitlist right now is 4 or 5 months out. Psychiatric evaluation not psychologically evaluation.</p>		
Presentation:	HOST and CBRA- Presentation- attached at end of notes	Thomas Breitenbauch	5:05-5:25
Update:	Adulting 101/ YAE – starting back up at the end of September	Maranda	5:25-5:35
Activity:	Two Truths and A Lie	Dona	5:35-5:55
Wrap up/ Evaluations/ Questions:	Briana has stepped down and will not be continuing her role as the Youth Tri-Lead	Michelle	5:55-6:00



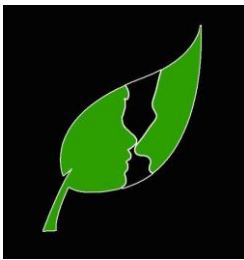
<http://swfysprt.org/>



@FYSPRT



@swwa_yae



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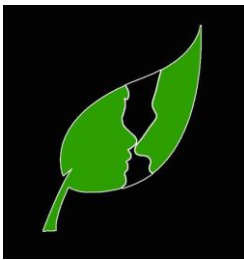
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FYSPRT is a ...	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.</p>
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Comfort Agreement	<p><u>Listen</u> when others are talking and save any input until they are finished. Share the floor “Step Up, Step Back!”</p> <p>Explain “lingo” i.e. acronyms and abbreviations.</p> <p>Practice respectful honesty and FYSPRT is a safe space void of any judgement.</p> <p>Keep an open mind.</p> <p>Wait until after the meeting to use your cell phone (unless in an emergency situation.)</p> <p>Remember that what is said at FYSPRT, stays at FYSPRT.</p> <p>Attend to support positive change.</p>
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SW FYSPRT members will...	<p>Expand and sustain effective leadership roles for families, youth, and system partners</p> <p>Improve/expand outreach by utilizing local resources</p> <p>Ensure that youth and families are represented and have a voice at the FYSPRT</p> <p>Create culturally diverse membership</p>
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	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list.

*This is a living document and will be updated to reflect the guidelines

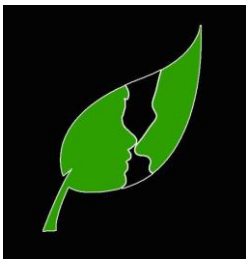


CBRA and HOST Programs

Housing is Healthcare



2022



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Community Behavioral Health Rental Assistance (CBRA)



CBRA is funded through the WA State General funds and administered through the WA State Department of Commerce.

Bridge rental assistance OR Permanent Housing Subsidy (PHS) with no time limit depending on continued eligibility



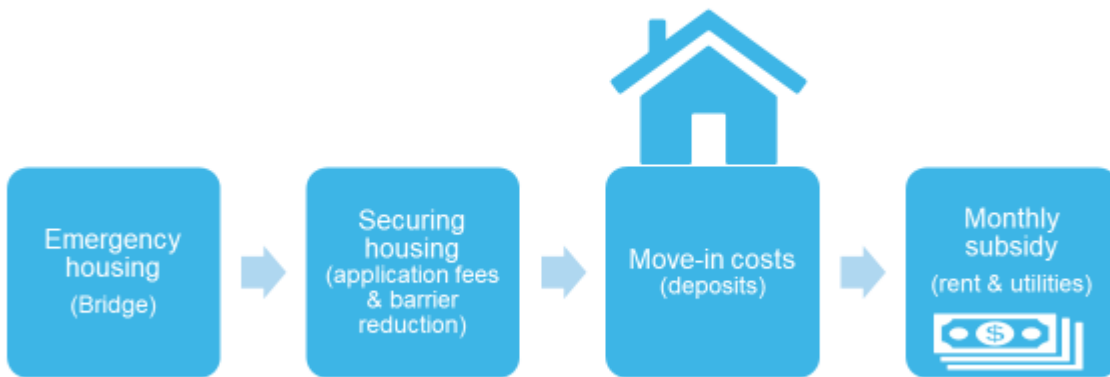
Combined with other supportive service programs that promote housing stability.



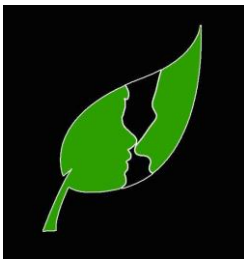
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CBRA - Rental Assistance

Rental and related payments necessary to obtain and maintain stable, independent housing



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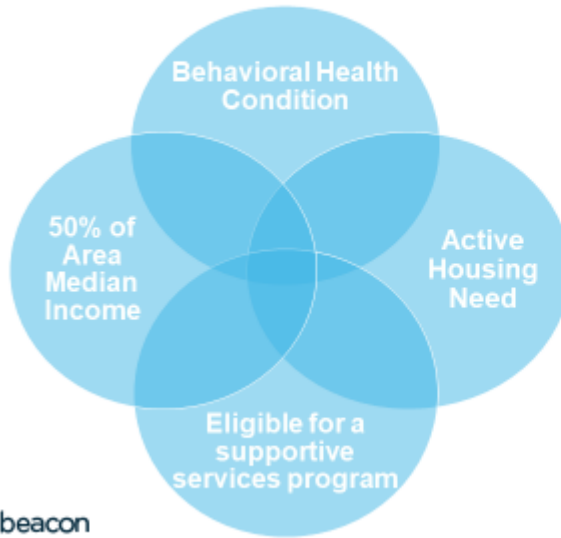
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CBRA - Eligible Participants



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- High risk individuals with complex behavioral health needs
- Priority to those exiting inpatient psychiatric facilities, or who have exited in the past 12 month.

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CBRA – Supportive Service Program

Criteria for an approved supportive services program

- Long-term
- Voluntary
- Person-centered
- Pre-tenancy support (housing search services)
- Tenancy Sustaining services (housing stability services)

Examples:

- Recovery Navigator Program
- Foundational Community Supports (FCS)



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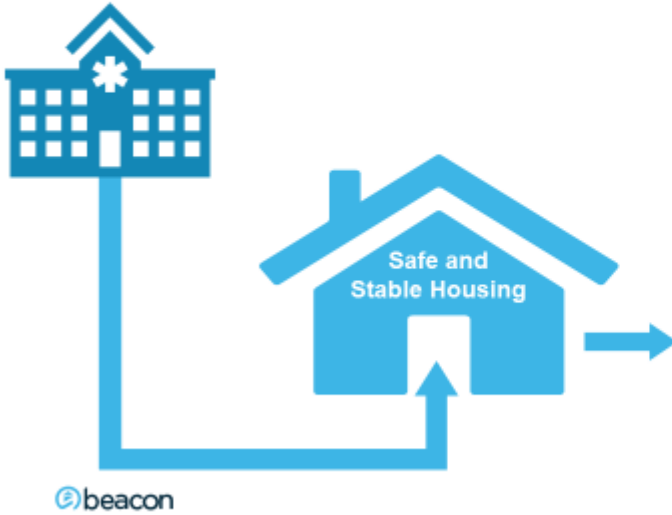
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CBRA - Housing is Essential



- Provides an opportunity for highly-vulnerable individuals to live independently
- A critical piece in the continuum of services needed by those experiencing behavioral health crises
- Especially important in ensuring successful transition from inpatient psychiatric stays and decreases recidivism

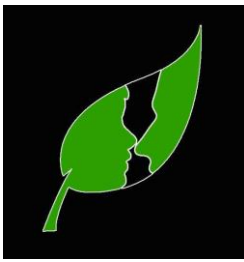
CBRA - Availability



- Beacon has a contracted network to administer CBRA subsidies in the Pierce, Southwest and North Central regions
- Southwest WA
 - Columbia River Mental Health
 - Lifeline Connections
 - SeaMar (CSNW)
- Fiscal Year 22
 - 80 households served
 - 71 households assisted with permanently housing
 - 9 with temporary bridge housing



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Homeless Outreach Stabilization & Transition (HOST)

Blake Bill – ESB 5476 - 2021-22

“The Blake Bill establishes a plan for recovery services to assist persons with substance use disorder in accessing outreach, treatment, and support services that are low barrier, person-centered, informed by people with lived experience, and culturally and linguistically appropriate.” (WA State HCA)

RCW 71.24.155



HOST is funded through the WA State General funds and administered through the WA State Health Care Authority.

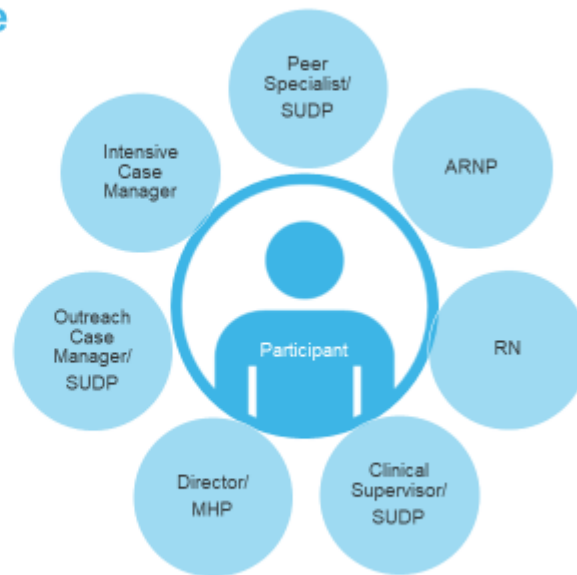


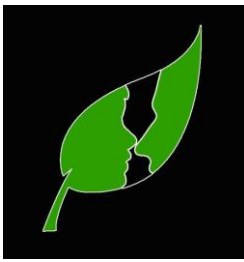
The program previously referred to as ACCESS, originated from the Downtown Emergency Service Center (DESC) of Seattle in 1994.



HOST - Service Structure

- Provides outreach-based treatment services to individuals with serious behavioral health challenges.
- Comprehensive, multidisciplinary, outreach, and care team approach.

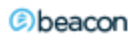




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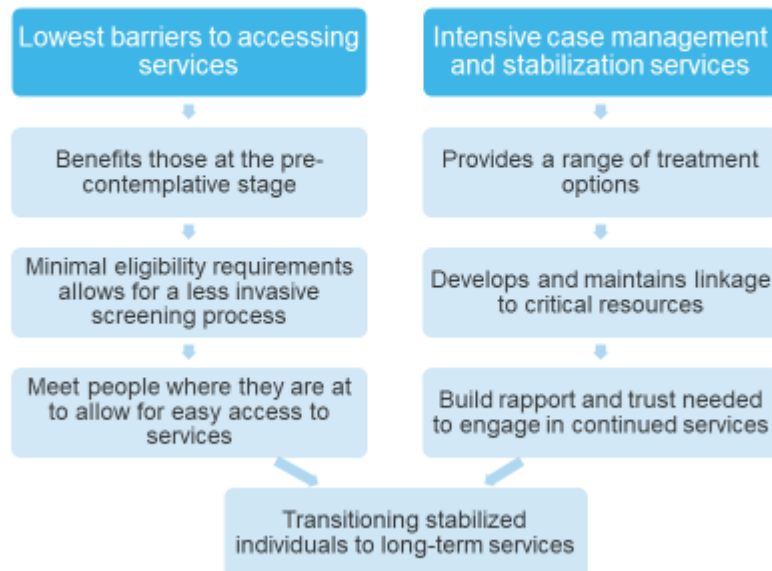
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HOST - Eligible Participants

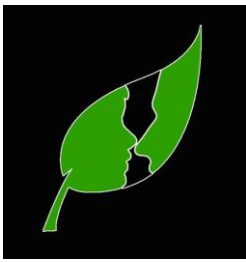


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HOST - Providing Services



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Southwest FYSVRT Meeting Agenda

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Location: [Zoom Meeting](#)

HOST - Primary Goals

- Provide intensive case management and stabilization services with a range of treatment options
- Engage people experiencing homelessness and behavioral health challenges who are unable or unwilling to access traditional services
- Develop and maintain linkages to critical resources including housing, psychiatric and physical health care, financial support services, and other support services
- Transition stabilized individuals to long-term behavioral health or other appropriate ongoing services



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HOST - Availability

- HOST is available in select counties with a focus serving counties with the highest number of unsheltered individuals
- Beacon has a contracted network to administer HOST programs in Pierce and Clark County
- Lifeline Connections is the HOST provider for Clark County



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Contacts

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CBRA Contacts

Lifeline Connections

- o Shari Robinson, *srobinson@lifelineconnections.org*

Columbia River Mental Health

- o Yvonne Fitterer, *yvonnef@crmhs.org*

SeaMar (CSNW)

- o Jeni O'Neil, *JeniONeil@seamarchc.org*

HOST Contact

Lifeline Connections

- o Annalea Forrest, *aforrest@lifelineconnections.org*



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