



## 2023-2024 Regional FYSPT Needs Assessment

The goal of the needs assessment is to identify the strengths and opportunities for growth in the Region. Once the needs assessment is completed, each FYSPT engages in projects, activities, and/or events to address or highlight the strengths and opportunities. In the case of the SWWA FYSPT, the Region includes Clark, Skamania and Klickitat Counties. In August and September 2022 the SWWA FYSPT utilized a community survey, regional meeting and a SOAR Analysis, which involves identifying Strengths, Opportunities, Aspirations, and Results, to identify needs of the community and the SWWA FYSPT.

### S.O.A.R. Analysis

<p style="text-align: center;"><b>Strengths</b></p> <ul style="list-style-type: none"> <li>• FYSPT is a great networking tool to connect families and youth with community resources and support communication between Providers</li> <li>• SWWA FYSPT has presentations based on participant suggestions</li> <li>• Adulting 101 and Youth Advocacy and Empowerment Meetings are regularly convened</li> <li>• Attending community outreach and events in Clark County</li> </ul>	<p style="text-align: center;"><b>Opportunities</b></p> <ul style="list-style-type: none"> <li>• Using a community voice topic in monthly meetings to hear more from community</li> <li>• Report back at the regional meetings how their suggestions are being addressed at the state level</li> <li>• Wider range of cultural representation in participants and presenters</li> <li>• Increase participation from providers, youth, and families from Skamania and Klickitat Counties</li> </ul>
<p style="text-align: center;"><b>Aspirations</b></p> <ul style="list-style-type: none"> <li>• Increase number of providers and reduce caseloads size to prevent burn out</li> <li>• Increase awareness of FYSPT in all SWWA counties</li> <li>• Less paperwork for new admissions into treatment</li> <li>• Available services should be payer agnostic (currently there are services available to members of Apple Health that are not available to those with commercial insurance)</li> </ul>	<p style="text-align: center;"><b>Results</b></p> <ul style="list-style-type: none"> <li>• Increased participation in monthly FYSPT meetings and member satisfaction</li> <li>• All providers aware of resources available to their clients</li> <li>• Less stress for clients at the beginning of appointments</li> <li>• Equity in services provided and FYSPT representation</li> </ul>

### S.O.A.R. Plan

When reviewing the results of the S.O.A.R. analysis it is evident that there are two groups of needs being discussed, SWWA FYSPT and the community at large. The health care providers in our community continue to face barriers hiring staff to provide services to the community, causing provider burn out, larger than ideal caseloads, and long wait times to



receive service. While this is out of FYSPRT scope to correct we can help providing resources to providers and offer replacement services to youth and family while they wait for treatment. The biggest need for the SWWA FYSPRT is defining how to make the regional monthly meetings more productive and drive positive change in the community. The suggestions to accomplish this are:

- Have time on agenda specific to community voice with main topic- this will show the community that their voice is a priority.
- Share opportunities to participate in community events and table efforts more timely- providing this information to the group sooner allows for planning and will allow more members to assist at events.
- Keep website up-to-date with meeting schedules and share information on social media- making sure the schedules and links are current on the website and shared on social media increases convenience of accessing and attending virtual meetings.
- Interpret regional meetings to other languages- offering an interpreter service for other languages will encourage more people of diverse cultural backgrounds to attend.
- Time dedicated for members in the regional meetings to ask for service recommendations- this will help members that need assistance with accessing services to find the service connection they need. It also will help providers give their clients the best service possible.
- Offer volunteer FYSPRT Navigator services for youth and families- when a member is given service recommendations, ask if a navigator is needed or wanted to assist in navigating the processes and paperwork around scheduling their first appointment. If one is needed ask for a member to volunteer.
- Increase engagement with providers and school districts in Klickitat and Skamania counties- This will ensure that all counties are equitably represented in work done by FYSPRT.