

# SWWA FYSPRT

## Regional October Meeting

Monday, October 21, 2024

4:00 PM – 6:00 PM

In-Person- River City Church 2400 E Fourth Plain Blvd, Vancouver, WA 98661

### Agenda

Presenters	Topic	Time
	Welcome and mingle	4:00-4:10
Michelle Karnath	Group Norms	4:10-4:15
Michelle Karnath	Introductions and Ice Breaker: If you could enter a food-eating contest, which food would you be most delighted to devour?	4:15-4:25
Annette Klinefelter and Jenna Grant	AKI Foundational Youth Services	4:25-4:45
Regional Tri-Leads	Challenge and solution form and how items FYSPRT addresses as concerns can be moved forward to a legislation group.	4:45-5:05
Real Talk	Setting up your workspace. How are you feeling? (going back to school, any new or recurring emotions) What coping skills do you use with positive and negative emotions? Does the season change of Summer to Fall effect you? If so how?	5:05-5:15
Updates	<ul style="list-style-type: none"> <li>• YAE- November 4<sup>th</sup> In-Person</li> <li>• State- December 12<sup>th</sup></li> </ul>	5:15-5:20
Tri-Lead	Activity: Jeopardy	5:20-5:55
Tri-Lead	Next meeting: November 18 <sup>th</sup> – virtual	5:55-6:00

<b>FYSPRT is a ...</b>	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System</p>
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	<p>of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.</p>
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<b>Comfort Agreement</b>	<u>Listen</u> when others are talking and save any input until they are finished. Share the floor “Step Up, Step Back!”
	Explain “lingo” i.e. acronyms and abbreviations.
	Practice respectful honesty and FYSPRT is a safe space void of any judgement.
	Keep an open mind.
	Wait until after the meeting to use your cell phone (unless in an emergency situation.)
	Remember that what is said at FYSPRT, stays at FYSPRT.
	Attend to support positive change.

<b>SW FYSPRT members will...</b>	Expand and sustain effective leadership roles for families, youth, and system partners
	Improve/expand outreach by utilizing local resources
	Ensure that youth and families are represented and have a voice at the FYSPRT
	Create culturally diverse membership
	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list.

\*This is a living document and will be updated to reflect the guidelines