

SWWA FYSPRT

Regional October Meeting

Monday, October 16th, 2023 4:00 PM – 6:00 PM In- Person River City Church

Agenda

Presenters	Topic	Time
Michelle Karnath	Group Norms	4:00-4:05
Michelle Karnath	Introductions and Ice Breaker:	4:05-4:15
REAL TALK Michelle Karnath	What school resources are available in the community? How do you connect with them? What kind of questions should be asked when approaching an agency for assistance from a resource?	4:15-4:45
Presenter	Amerigroup	4:45:5:15
Updates	Adulting 101:YAE:	5:15-5:30
Dona Allison	Activity: Fall Word Scramble	5:30-5:55
Dona Allison	Next meeting: Virtual November 20th Upcoming Event: Prevention Resource Fair 10/18/2023 3:30-5pm Free at the ESD 112 Conference Center 2500 NE 65 th Ave, Vancouver, WA 98661: Who should attend: School Professionals Youth Serving Professionals Parents with Teens Foster Parents Teen social workers and resource offices Family Support Providers	5:55-6:00

FYSPRT	
is a	

Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.



The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.

Comfort Agreement	<u>Listen</u> when others are talking and save any input until they are finished. Share the floor "Step Up, Step Back!"
	Explain "lingo" i.e. acronyms and abbreviations.
	Practice respectful honesty and FYSPRT is a safe space void of any judgement.
	Keep an open mind.
	Wait until after the meeting to use your cell phone (unless in an emergency situation.)
	Remember that what is said at FYSPRT, stays at FYSPRT.
	Attend to support positive change.

	Expand and sustain effective leadership roles for families, youth, and system partners	
	Improve/expand outreach by utilizing local resources	
SW FYSPRT members	Ensure that youth and families are represented and have a voice at the FYSPRT	
will	Create culturally diverse membership	
	Help address stigma around behavioral health for the community	
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly	

If you have something you would like to add, please share with the group and it will be added to the list.

*This is a living document and will be updated to reflect the guidelines