

# SWWA FYSPRT

## Regional March Meeting

Monday, March 20<sup>th</sup>, 2023

4:00 PM – 6:00 AM/PM

Virtual Teams Link

[Click here to join the meeting](#)

### Agenda

Presenters	Topic	Time
Michelle Karnath	Introductions and Community Updates:	4:00-4:10
Dona Allison	Wellness Activity of the Month: Wellness Vision	4:10-4:15
Dona Allison	Review Newsletter Community Resources	
Dona Allison	Carelon Behavioral Health new Beacon Health Options	4:15-4:20
Michelle Karnath	Community Spotlight:: Michelle Karnath	4:20-4:25
Rhona Mahl	Presenter: Transitional Youth	4:25-4:45
Brook Vejo, Charity Joy, Taylor Peterson	Presenter: Carelon MDT	4:45-5:05
Katie Favela	WISe Data update	5:05-5:10
	Group discussion: Things that you do to rest	5:10-5:25
Rebecca Royce	Community Needs Assessment	5:25-5:35
	Updates: <ul style="list-style-type: none"> <li>• Adulthood 101:</li> <li>• YAE:</li> <li>• Statewide FYSPRT:</li> </ul>	5:35-5:40
Dona Allison	Activity: Mad Gab version 2	5:40-5:55
Dona Allison	Next meeting: 4/17/2023	5:55-6:00