

SWWA FYSPRT

Regional January Meeting

Monday, January 22nd, 2024

4:00 PM – 6:00 PM

Virtual

Agenda

Presenters	Topic	Time
Michelle Karnath	Group Norms	4:00-4:05
Michelle Karnath	Introductions and Ice Breaker: During our most recent snowpocalypse what did you do to stay busy? Did you play in the snow or stay cozy inside?	4:05-4:15
Kevin Riffel: Registered Play Therapist 509-769-9484 Kevin.Riffel@excelsiorwellness.org VIEW Referral Link TeleBehavioral Health 401: Neuroscience of Play Talk About Art Therapy	Virtual Intensive Engagement Wraparound (VIEW) Program Currently only offered as a telehealth pilot program through Molina insurance, bridging the gap between outpatient services and a youth receiving high intensity services. Clients that come into VIEW are offered youth and family peer that follow the client's needs, mental health counseling, psychiatric evaluation and medication management. The design came from wanting nobody to wait on high intensity services across the state. They are only with VIEW while they are on an interest list. View will help with care navigation and connect clients to services while waiting for a spot to open with an in person high intensity service provider. They offer evaluations for autism and PCP collaboration. They provide rapid access to services referral calls are returned within 24 hours and the client begins services with them.	4:15-4:45
REAL TALK Michelle Karnath	What is your opinion of the social norm of resolutions? If made, how do you sustain them? Trying and failing is hard, most participants choose not to do them any more or call them goals instead of resolutions. Make them attainable, instead of loss weight say eat	4:45-5:15

	healthier. The more in touch with ourselves the more we can help others.	
Katie Flavela	WISe Update- WISe has a significant wait list, CCS is struggling with staffing issues. The numbers are steady for number of clients being served. No other agencies have come forward to say they would like to provide WISe. There are currently no services in Klickitat. Geographically it is too hard for a family in crisis to wait for a WISe provider from Clark to respond in Klickitat. MCO's are trying to find a solution.	5:15-5:25
Updates	<ul style="list-style-type: none"> • YAE- • State- Next Meeting 1/25/2024 	5:25-5:35
Dona Allison	Activity: Jeopardy https://jeopardylabs.com/play/winter-jeopardy-689	5:35-5:55
Dona Allison	Next meeting: (Off Cycle) February 26 th due to President's Day holiday In-Person- River City Church	5:55-6:00

FYSPRT is a ...	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.</p>
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Comfort Agreement	<u>Listen</u> when others are talking and save any input until they are finished. Share the floor "Step Up, Step Back!"
	Explain "lingo" i.e. acronyms and abbreviations.
	Practice respectful honesty and FYSPRT is a safe space void of any judgement.

	Keep an open mind.
	Wait until after the meeting to use your cell phone (unless in an emergency situation.)
	Remember that what is said at FYSVRT, stays at FYSVRT.
	Attend to support positive change.

SW FYSVRT members will...	Expand and sustain effective leadership roles for families, youth, and system partners
	Improve/expand outreach by utilizing local resources
	Ensure that youth and families are represented and have a voice at the FYSVRT
	Create culturally diverse membership
	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list.

*This is a living document and will be updated to reflect the guidelines