

SWWA FYSPRT

Regional February Meeting

Monday, February 26th, 2024

4:00 PM – 6:00 PM

Virtual

Agenda

Presenters	Topic	Time
Michelle Karnath	Group Norms	4:00-4:05
Michelle Karnath	Introductions and Ice Breaker: Did you do anything special for anyone even yourself on valentine's day this year?	4:05-4:15
Carolyn Cox Cece Byrd- LGBTQIA Liaison Jasmine Wong- Tribal Liaison Gabriel Hamilton- interim director of the contract Step	<p>SPARK received the Youth Network grant from the state for youth network. They are building a network for youth ages 13-25, creating an opportunity for youth to be a part of the change that happens in the state decisions that are made and learn about different ways that they can get involved in their community in regard to behavioral health. Spark is currently gathering data for what the youth want and need.</p> <p>The network will be comprised of youth who will meet and one goal is to help support the FYSPRTS to get youth back to the table. The will be supporting youth peers to set up some groups so that the peers don't get work burn out. This network will help the youth voice be heard at the legislative level. They will train around advocacy and leadership.</p> <p>Cece is local to SWWA if interested in learning more about the network please reach out Cbyrd@wayouth.us Gabriel Hamilton ghamilton@wayouth.us Carolyn Cox ccox@wayouth.us</p> <p>There will be a compensation for youth that participate actively on the network.</p> <p>There will be a youth peer that is connect with each region in the state. Hope to have upwards of triple digits in youth involved in network.</p>	4:15-4:45
REAL TALK Michelle Karnath	<p>Meeting format</p> <p>What are barriers to attendance?</p> <p>Transportation is an issue for youth that don't drive, bus isn't convenient routes are too long</p> <p>Engagement with family is needed</p> <p>Advertise at churches and more events</p> <p>Length of meeting too long</p> <p>Possibility of change in staff during COVID people don't know when it is</p>	4:45-5:15

	What is the purpose and the why for FYSPRT- be more intentional	
Updates	<ul style="list-style-type: none"> • YAE- Next meeting 3/4 - in person • State- Next meeting 3/28- virtual • Youth Summit will be at River City Church at 7/23 in tandem with YAE 	5:15-5:30
Dona Allison	Activity: Valentine Emoji Quiz- Game winner Rick Cotton	5:30-5:55
Dona Allison	Next meeting: March 18th – Virtual April in person Narcan training	5:55-6:00

FYSPRT is a ...	<p>Space for youth and families to share their experiences with the Crisis System of Care and for System Partners to hear from the community.</p> <p>The Southwest Washington Family Youth System Partner Round Table (FYSPRT) is a community-based group of youth, families, professionals, systems, and community members from Clark, Skamania, and Klickitat counties who are passionate about making needed changes in the System of Care (SOC) that serves those with behavioral health needs. The SW WA FYSPRT strengthens sustainable resources by providing community-based approaches to address the individual behavioral health needs of children, youth and families and ensures that family and youth are key collaborators and in positions of leadership. The SW WA FYSPRT leverages the experience and expertise of all participants dedicated to building effective behavioral health services and will report up to the Statewide FYSPRT on challenges and successes of the region.</p>
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Comfort Agreement	<p><u>Listen</u> when others are talking and save any input until they are finished. Share the floor “Step Up, Step Back!”</p> <p>Explain “lingo” i.e. acronyms and abbreviations.</p> <p>Practice respectful honesty and FYSPRT is a safe space void of any judgement.</p> <p>Keep an open mind.</p> <p>Wait until after the meeting to use your cell phone (unless in an emergency situation.)</p> <p>Remember that what is said at FYSPRT, stays at FYSPRT.</p>
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	Attend to support positive change.
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SW FYSPRT members will...	Expand and sustain effective leadership roles for families, youth, and system partners
	Improve/expand outreach by utilizing local resources
	Ensure that youth and families are represented and have a voice at the FYSPRT
	Create culturally diverse membership
	Help address stigma around behavioral health for the community
	Review Wraparound with Intensive Services (WISe) Data Reports quarterly

If you have something you would like to add, please share with the group and it will be added to the list.

*This is a living document and will be updated to reflect the guidelines