SW FYSPRT 09/18/23

Announcements

 Taylor Hammon shared that this will be the Healthy Transitions team's last time attending the SW FYSPRT

Real Talk

- Brian shared the topic of how youth can minimize the stress levels of transitioning back to school
- Brian and Michelle shared that preparing for your day the night before to lessen the amount of stress the next day and set yourself up for success

Adulting 101

Funding partner has run out but program will be continuing and will be pursuing other options

YAE

 This month's YAE meeting was in person at River City Church in Vancouver, WA and it was very successful

Updates

- Michelle shared that SW FYSPRT is partnering with YYACC (Young Adult Continuum of Care)
 Workgroup
- Partnering with Jasper Health on their services provided to youth virtually
- Working with PACT Team and WISe Team to assist in supporting the work they do

Scattergories

- Brian led a rousing game of Scattergories
 - Angela Kennedy won the game and will complete the evaluation to receive a gift card as a prize

Ending Statements

- Next meeting is in person/hybrid at River City Church in Vancouver, WA
- Michelle shared that River City Church has gift bags they are donating to the community

Attendance

Brian Rebar

Michelle Karnath

Angie Williams

Angela Kennedy

Stephanie w/Bridgeview Resource Center

Rick Mason

Sydney Dutton