Meeting Minutes: SWWA REGIONAL FYSPRT Meeting
10/19/26 – Hybrid

Welcome, Introductions & Comfort Agreement
The meeting opened with introductions and a seasonal check-in. The group reviewed its comfort agreement, including listening without interruption, making room for all voices, explaining acronyms, practicing respectful honesty, maintaining confidentiality, and participating in support of positive change.

Presentation: Three Rivers Therapy
Presenter: Angelo Gonzales, WISe Program Manager
Three Rivers Therapy introduced new Vancouver-area behavioral health services for children, youth, and families. Services include WISe, outpatient therapy, and psychiatric medication management.

WISe Services
- Wraparound with Intensive Services (WISe) will provide approximately 12-15 hours of monthly support for youth and families with complex behavioral health, safety, crisis, or system needs.
- Services include care coordination, individual and family therapy, community resource connections, crisis response, and youth and family peer support.
- The program was accepting Community Health Plan of Washington, Coordinated Care, and Wellpoint, with Molina contracting still in progress.
- Referrals were expected to begin the following week, with intakes planned for the week of November 2 and service launch in early November.
- The program planned to begin with two pods serving approximately 20-25 youth, expand to four pods and about 48 youth by the end of January, and reach eight pods and approximately 96 families by the end of May.

Outpatient & Medication Management
- Outpatient therapy will support concerns such as anxiety, depression, trauma, stress, life transitions, self-esteem, identity, and coping skills.
- Psychiatric evaluation and ongoing medication management will be available as a stand-alone service or alongside WISe or outpatient treatment.
- Three Rivers described a warm-handoff model that allows youth stabilizing in WISe to transition to lower-intensity, in-house outpatient services while maintaining continuity of care.

Vancouver Office Opening
Three Rivers announced an October 28 opening event for its Vancouver office at 5115 NE 82nd Ave., Suite 101. The office planned to launch services in November 2026.

FYSPRT Tri-Lead Updates
- Stella Koitzsch was welcomed as the new Youth Tri-Lead. She shared her interest in youth mental health, advocacy, and improving access to support in rural communities.
- Isabella Acevedo was welcomed as the new System Partner Tri-Lead. She brings experience as a Lead Family Coordinator with ESD 112 and in regional system-of-care and youth prevention work.
- The group reviewed FYSPRT's role in identifying local gaps, resolving concerns regionally when possible, and elevating broader issues through statewide behavioral health structures.

Statewide Behavioral Health & System Gaps
- Youth substance use disorder treatment remains limited, especially detoxification, inpatient, outpatient, and rural youth-centered services.
- Upcoming ASAM guidance is expected to strengthen adolescent and transition-age treatment standards, with implementation and training planned before the 2028 effective date.
- Participants discussed service gaps for youth with autism, intellectual or developmental disabilities, and externalizing behaviors. Potential strategies included

specialized staff training, free ECHO and University of Washington resources, and feedback during future WISe manual updates.
- The group discussed Family Initiated Treatment and the need for continued statewide discussion about access, engagement, parent coaching, youth rights, and relationship-based approaches.

Community Updates & Events

- Participants shared upcoming resource, family, seasonal, and community events, including meal and supply distributions, youth and family resources, trunk-or-treat activities, nature and planting events, and a Clark College candidate forum. Event information was to be sent to Kacey for distribution.

Real Talk: Managing Transitions

The group discussed coping with personal, program, school, provider, weather, and seasonal transitions. Participants emphasized accessible self-care, advance preparation, communication, supportive relationships, community networks, and self-advocacy when services or providers do not meet individual needs. The discussion also highlighted frustration with outdated provider directories, and the amount of work families may need to do to verify insurance and locate available care.

Next Meeting: 11/16/26 – virtual