

## **April 16, 2018 FYSPRT Meeting Minutes**

**4-6pm**

**Location: YWCA 3609 Main St, Vancouver, WA 98663**

### Meeting Opening

- Comfort Agreement read
- Introductions – 46 people in attendance
- Announcements
  - Multicultural resource fair on April 21<sup>st</sup> - don't need any more volunteers
  - Open Mic Night on April 25<sup>th</sup> – volunteers: Kaleen, Heather, Stephen
  - Crisis System User Focus Groups - looking for people who have recently contacted the crisis line. Please contact Leah.
  - Autism Awareness Fair on June 9<sup>th</sup> – will need volunteers
  - Suicide Awareness Month in September “Life Rocks” for Lift Up Life – NAMI (Peggy) is looking for FYSPRT members to be on an ongoing group. Rock painting every Friday at NAMI
  - Email will be used to request specific volunteer opportunities

### Grant opportunity for Transitional age youth – Michelle

- Input was solicited from FYSPRT members about the needs for transitional youth in our region

### Youth Mobile Crisis Intervention-Catholic Community Services: Brook Vejo

- A presentation was provided on the Youth Mobile Crisis Intervention that was launched in September 2017
- Highlights of the presentation:
  - Designed to be a 1x crisis intervention with a focus on stabilization and de-escalation, diverting needs for ER, and follow-up care
  - Responds to all calls for youth up to age 18 in Clark County
  - Hours of operation are 10am-10pm daily (expanding to 9am-11pm)
  - Includes up to 7 days of follow up and case management
  - No insurance restrictions, 58% of youth are insured through Medicaid
  - Teams respond in pairs – a clinician and a parent peer/wellness coach
  - Referrals can be made by anyone: schools (20%), family members (40%), and primary care, ER, very few youth are currently calling directly
  - Respond within 40-45 minutes after getting all of the information/referral
  - Providers have a streamlined process to access the mobile team
  - Even if youth don't want to meet, they will still come and try so that the next time they are more open to it
  - Typical referrals: suicidal, self-harm, homicidal, substance abuse, and physical aggression
- FYSPRT members were asked for input on how to market to teens:
  - Schools: assemblies, restrooms
  - Kiosks at the mall
  - Suggestion-text line: teen talk sends them over via texting
  - CASA for foster care
  - Smaller size business cards
  - Help teens understand what they are getting into with mobile crisis
  - Social media marketing to include snapchat, twitter, Instagram, YouTube

Crisis Intervention Training (CIT) and law enforcement response to calls-Lt. Kathy McNicholas VPD and Chair of the Behavioral Health Advisory Board (BHAB)

- An informal presentation was provided Lt Kathy, providing a history of how CIT training was brought into the police department, the types of training required and the laws surrounding responses in WA state.
- Highlights of the presentation:
  - Historically, VPD used to respond to all of the suicidal calls, and they had no training. There were only options: hospital or jail and hard way or easy way.
  - CIT training started in Memphis and in 2002, VPD chose to put all of our officers through this 40 hour training.
  - WA law now requires that all officers by 2020 must have at least 8 hours of CIT training and 25% of the force must have the full 40 hours of training.
  - When calling 911, protocols are used to see if Police is truly needed, when it's urgent.
  - For an individual who is suicidal at home, officers don't go in because the law forbids use of force. However, hostage negotiators may be called to help de-escalate the situation.
  - In the as of domestic violence, mandatory arrest is required and officers can help put in their report if they have mental health or if they are off their medications
  - Individuals and families are encouraged to use CRESA-911 to register online any special needs (e.g. autism, gun awareness, elderly, mental illness).Website: <http://cresa911.org/>
  - For feedback on specific officers, Lt Kathy encouraged people to call and ask for a supervisor, or provide feedback to Leah and she will forward to Kathy. Feedback is valued and they review regularly.
  - Smaller agencies (e.g. Camas, Washougal) send their staff to VPD for training. New officers are often lateral moves from other parts of the country and are trained on how WA should respond.

Wrap up and Evaluations