

December 17, 2018 FYSPRT Meeting Minutes

4-6pm

Location: YWCA 3609 Main St, Vancouver, WA 98663

Meeting Opening

- Introductions
- Sign-In Sheet
- Comfort agreement
- General Announcements
- Crafting projects – For the holidays, FYSPRT members were invited to participate in making several different ornaments at their tables.

Hope Out Loud 3

SW WA FYSPRT is considering another big event as we've done in 2017 and 2018. A TEDX video of Noah Schultz's "Prison to Greatness" was shown and discussed as a potential key note speaker for Hope Out Loud 3. Michelle met Noah at the WISE Symposium earlier this year and found his message inspirational. There was some discussion about whether or not Noah's story highlights the challenges of overcoming mental illness. Michelle will look into his availability and HOL3 will be planned for early 2019. Other suggestions for HOL3 included keeping the resource tables, considering Wild Wings for the food, opportunities for artistic expression (e.g. Groove Nation) and bringing in something multi-cultural such as Native American dance.

2019 Plans for FYSPRT

Briana and Leah introduced a small group activity at the tables to capture questions that SW WA FYSPRT members would like to have answered in 2019. Individuals and groups worked on this, documenting the topics they'd like to bring to FYSPRT meetings next year. The index cards were collected by Michelle.

Wrap up and Evaluations