

## **November 19, 2018 FYSPRT Meeting Minutes**

**4-6pm**

**Location: YWCA 3609 Main St, Vancouver, WA 98663**

### **Meeting Opening**

- Introductions
- Sign-In Sheet
- Comfort agreement
- General Announcements
  - Jeri Clark shared information about the Trueblood settlement. There is a fairness hearing on 11th of December in Seattle. This settlement is about competence restoration for those who are in the justice system. See Jeri for more information

### **Youth Dignity Project - Michael Cole**

Michael is piloting a program on youth dignity with a goal of changing the view of poverty by youth conversation. The program is being piloted with various groups and Michael requested completion of the survey at the end to assist in future development.

The presentation and discussion covered topics such as:

- What does dignity look like? Respect, integrity, equality, shelter, value, inclusion, privilege, right, duty (respect for the dead), behavior, quality (esteem and respect)
- What does dignity feel like?
- Dignity is different from self-esteem and self respect, dignity is something about the relationship

Individually and in small groups, members of FYSPRT worked on developing their own "Dignity Map". Questions that helped in developing the maps included:

- If you could create anything, who would appreciate it?
- What are you proud of?
- If someone is treating you without dignity, it's because they don't feel their own dignity.
- Did you give that person the power to decide if you are worthy of respect?
- Do you believe all people are worthy of dignity?
- How someone treats you is how he or she treats his or her own mind.
- Where do people treat you with dignity?
- Where do you treat others with dignity?
- Where could you treat people with more dignity?

The group discussed how dignity feels and when it not present, how does it feel? Its not dignity if you or the other person feel ashamed.

If there is "Relationship drama", ask them...

- Are you seeing that person's dignity?
- Are you feeling your own dignity?

Several key points were made about dignity:

- You can get dignity for someone else even if you don't get dignity from them. You can keep your dignity even if they don't give you it.
- Dignity doesn't get talked about often and we don't take awareness of it

The concept of Dignity and Power was also discussed with the following discussion points:

- Power is a shared illusion, only about agreement
- People will give you power when you take responsibility for something they feel important about
- Don't take power personally
- What people and systems are at stake?
- How can you create dignity and power?
- What is the most interesting opportunity to create in this relationship?
- If you take responsibility for chores then you can get power to do all sorts of things with your parents
- Powers: privacy, time, wealth, health, dignity
- Knowing who we give these powers to
- Who's advice do you trust?
- Whose respect is important and reliable?
- Where can you recharge your battery?

### **Respite Care – Michelle Karnath**

Michelle shared the statewide proposal for bringing respite services and asked the group for input on the following questions:

- How do we identify the top 10%?
  - Out of home placements
  - Open oak bridge
- How do we identify youth that need it and what are respite qualifications?
- How do you have purposeful respite?
- Can you get respite while at work?
- How can there be help for the siblings?

Michelle will document the feedback and bring it back to the statewide FYSPRT for continued development of respite solutions.

### **Wrap up and Evaluations**