

May 2021 FYSPRT

Introductions

Daniel→meeting agenda

Julie Zink→NAMI youth meeting

Heather→council for homeless

Comfort Agreement

Kim Schneiderman→youth NAMI

Ending the silence:

- Restarting again in schools
- Middle and high school
- Evidence based
- 15 min presentation for parents and educators
- looking for youth and adult presenters

Youth website:

- Youth talk (active June 1st)
- Could use pointers
- For youth with parents with mental health
- Australian videos with permission
- Working with Oregon call line and teen talk
- Open for moderators (peers)
- Still looking for chat bot
- Preparing for covid to continue
- Trying to find things for youth to do
- Oklahoma's adopt a grandparent program
- Faith based coffee for adopt a grandparent
- Faith based fypsrt sponsored movie
- Jerri→pave, key information for high level resources

What do parents need?

Need for education and support

FYSPRT integrated closer in the family state network

Intensive outpatient for private insurance families

Incentives: tuition reimbursement or loan forgiveness for clinicians providing intensive outpatient services in the home (WISE) and increasing workforce and decreasing wait times into WISE

Increase level 3 supports to ensure families are connected to a supported services as they transition from WISE to a lower level of care

Schools should provide classes in health (mental and disabilities): Meridian could you put that in a paragraph to send it to the statewide work group?

Curriculum education platform: www.shinelightondepression.org

What if you can't get help without an appointment?

998 line to get an appointment that day

Google searches having local → send to jerri: search optimization for 998
Being honest about depression → they just throw medication at you
Doctor misconceptions on Medicaid services
Battleground health care: free services, take back your life pain management, 18+,
low income who can't afford copays

YAE and adulting 101 updates:

Adulting 101: think of items you'd want to be sent to youth or youth might not
already have, LeeAnn and Daniel have things to send, Columbia river health
foundation funds (hopes and dreams foundation)
Columbia river MH accreditation for giving youth ability for services even if not
insured and lifeline also received this
CRMH is hiring lots of new people
Healthy transitions was initially in conjunction with new journeys
New journeys update for a future meeting

Meaningful Movies:

A road to nowhere → cindy meyer is sending out tomorrow, view from Friday
through weekend with the discussion at faith based coffee

Activity and evaluation form

*gift cards for youth