

Meeting Minutes: SWWA REGIONAL FYSPRT Meeting 7/21/2025 Virtual

Participants:

- Kacey Bellamy, Community Engagement Coordinator
- Michelle Karnath, Family Lead for Southwest FYSPRT
- Emma Ocampo, Youth Tri Lead for FYSPRT
- Angela Kennedy, Advocacy Coordinator
- Ale Frausto, Family Navigator
- Alyssa Rice, Regional Field Case Manager
- Angelo Gonzales, FYSPRT System Partner
- Luke Wall, Presenter – Only7Seconds

Key Discussion Points:

1. **Free Family Activities:**
 - Suggested free family activities including the Thrive to Survive event on Labor Day, Camas Farmers Market, events at Vancouver waterfront, and Mount Tabor Raves in Portland.
2. **Discussion: Identify recurring gaps and needs related to inadequate inpatient behavioral health services**
 - Discussion about the lack of child and adolescent inpatient psychiatric services in Northeast Washington, particularly following a major center closure in Spokane.
 - Emphasis on the need for improved communication and coordination among services for youth in crisis.
 - Concerns over lengthy wait times and lack of resources contributing to negative impacts on families and youth.
 - Increased dependency on law enforcement during mental health crises due to the absence of adequate local services.
3. **Only7Seconds Presentation by Luke Wall:**
 - Emphasized the impact of relationships and social interactions on health and well-being.
 - Organization's focus includes community engagement, education, and youth-led programming.
 - Stressed the importance of strengthening social support systems and reaching out to improve well-being.
4. **Meeting Conclusion:**
 - Open discussion on the effects of insufficient services and collaborative solutions.
 - Plans for future meetings and a potentially collaborative session with Luke Wall.
 - Next FYSPRT meeting is hybrid on August 18th at 4:00 PM at River City Church