

## **Meeting Minutes: SWWA REGIONAL FYSPRT Meeting 1/26/2026 – Virtual**

### **Presentation: Madrona Recovery – Paul Bryant**

Paul Bryant, Executive Director of Madrona Recovery, provided an update on the Washington Madrona Recovery program in Brush Prairie. He described the site as a secure residential treatment facility serving youth ages 13–17 (occasionally 18) with mental health and substance use challenges (substance use not always required), accepting both Medicaid and commercial insurance; the setting emphasizes safety with a high staff-to-client ratio, and youth cannot leave at will (guardian pickup is rare). The facility is approximately 30,000 square feet and includes a gym, weight room, and large outdoor courtyard. Madrona offers clinically managed withdrawal management (not full medical detox) for fentanyl/opioids, mild–moderate alcohol withdrawal, cannabis, and methamphetamine/other stimulants, with medication-assisted support and nursing coverage of more than 16 hours per day. Treatment is based on Collaborative Problem Solving and an integrated team approach (mental health, SUD, case management, and psychiatry) meeting multiple times weekly, supported by Medical Director Dr. Hong Liang and a child psychiatry fellowship-trained psychiatric NP (Caleb), with masters-level counselors leading treatment and family work and SUD counselors available for consultation. Typical length of stay is 4–5 weeks (sometimes 6–7 weeks for higher acuity), with the goal of stabilizing youth and transitioning them back home and to their home school through case management; family programming includes weekly family therapy and weekly parent education using the Invitation to Change curriculum, plus support from a newly hired Washington family peer support specialist from pre-admission through discharge. The daily milieu is highly structured and DBT-informed, including a morning community meeting and about eight hours of groups per day, seven days per week. Bryant also shared plans to bring therapeutic animals to the Washington site (goats currently at the Tigard, Oregon facility, with a goat enclosure planned for spring, along with spring chicks/ducklings). Finally, he encouraged referrals even when fit is uncertain so the team can triage and suggest alternatives, noting the program was staffed for 16 clients but had about six enrolled at the time (around ten the prior week); there was no outpatient program in Washington yet, though intensive outpatient services were operating in Tigard, OR with hopes to expand near the Vancouver area.

### **Discussion: Gaps/Needs around Youth SUD Services**

The group discussed several access and support pathways for youth and families in Southwest Washington. For school-based SUD services, members emphasized embedding providers in schools and completing an assessment to determine level of care before outpatient or intensive services; SeaMar Community Services Northwest and Lifeline were named, along with a “one-stop shop” approach to reach youth where they spend most of their day and reduce barriers for marginalized families. For crisis situations, Youth Mobile Crisis Intervention (YMCI) was highlighted as an option when substance use escalates into a mental health crisis, accessed via 211/988 or the Southwest Washington crisis line; YMCI can provide assessment, safety planning, and short-term case management (about 3–7 days), with a note that 988 routing can be inconsistent and callers should give an exact location and request mobile/in-person response if needed. The meeting also touched on family-initiated treatment for adolescents, noting providers must attempt engagement and that SUD services still require meeting criteria and completing an assessment; Michelle offered to share an HCA one-pager on this topic. From a parent perspective, [redacted] described using CHINS and possibly an at-risk youth petition, while naming a key challenge: a 15-year-old refusing services and providers potentially discontinuing care, raising concerns about balancing autonomy and safety. For youth engagement, members pointed to the Youth Advocacy and Empowerment meeting (first Monday monthly), a Youth Recovery Café, and Peacemakers who can help connect youth. Finally, the group raised ICE-related concerns affecting schools and families and shared LULAC resources in Clark County (one group focused on reporting/documentation and another on legal support); additional supports may include rental assistance, groceries, and other resources, and CHPW (Linda Grossman) offered to track policy impacts and help connect families to support.

**Next regional meeting scheduled for February 23rd, Hybrid at River City Church.**