



## Southwest FYSPRT Meeting Agenda

Date: September 20th, 2021

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

Co-facilitators: Michelle Karnath, Kirstin Peterson, Briana Mason Note Taker: Kirstin Peterson		Time Allowed
<b>Welcome and Introductions:</b>	<ul style="list-style-type: none"> <li>• <b>General Announcements</b></li> <li>• Triple Point is still active virtually.</li> <li>• NAMI SWWA- Looking to start NAMI on campus at WSU Vancouver. They are seeking students that currently attend to participate. If you are interested please contact Angie Williams <a href="mailto:angie.w@namiswwa.org">angie.w@namiswwa.org</a></li> </ul>	4:00-4:10
<b>Presentation:</b> Denise Dishongh, ESD 112	<p>Update from ESD 112:</p> <ul style="list-style-type: none"> <li>• Services offered in schools this year and in what schools? What those services look like?</li> </ul> <p>Regional School Safety Center- Based on House Bill 1216 and 1214 and in collaboration with the other Educational Services District's. They will offer Behavioral Health Coordination, Threat Assessment, Safety Coordination, Trainings, Crisis Support, Community Engagement.</p> <p>Behavioral Health Navigator- Does not provide direct services but provides, support for districts, suicide prevention training, implementing universal screenings for youth in need of Behavioral health services, builds partnerships with providers and other supports in the area. They will also provide training to the schools on Medicaid billing and the implementation of best practices.</p> <p>Comprehensive School Safety Coordinator- Provides safety training on Emergency Operations Planning, Annual Safety Summit, Provide Training to School Safety Officers, Safe Schools Task Force, Coordinates with others statewide.</p> <p>Wellness and Treatment Services- Licensed Behavioral Health agency providing services in schools and is located in schools that have requested it. They will also be available in childcare services after schools. They will also provide services to their Open Door program.</p> <p>School Mobilization Assistance Response Teams (SMART)- Respond to school after a crisis situation.</p> <p>Handel with Care- Notifying the schools that a trauma has occurred and the</p>	4:10-4:40



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<p style="text-align: center;">student is offered services and supports during the school day.</p> <p>Additional Programs for Special Education Student-</p> <p>Spero- Intensive outpatient school program</p> <p>Quest- Behavioral School Program</p> <p>Utilizing a Department of Corrections Grant to refurbish one of their current locations to house their Behavioral Health services in Clark County.</p> <p>Offer- Regional Prevention Coalitions, Truancy Programs, Education Advocates, Student Assistance Professionals in Schools and Summer Works offering summer internships.</p> <ul style="list-style-type: none"> <li>• Questions?</li> </ul> <p>Services remain open to students throughout the summer.</p> <p>Hesitant to place therapists in Clark County Schools as they already have providers in the schools thought they will implement if they receive enough requests.</p> <p>If school requests Spero that is the pathway to entry.</p> <p>Funding is dependent on enrollment and schools are seeing decreased enrollment.</p> <p>What is ESD 112 doing to universalize their approach to Behavioral Health that works the best for families? They have been slowly funded so this has only recently taken a formal Behavioral Health approach. They are also working to develop an online system that the parents can access themselves but are also able to still go through the schools.</p> <p>All ESD 112's is working to gather input from every school district on where the gaps are and what is needed in each district and bringing this back to the state.</p>		
<b>Presentation:</b> Maranda H., Youth Peer Navigator with Columbia River Mental Health	<p style="color: red;"><b>Trigger Warning- Conversation includes talk of suicide.</b></p> <ul style="list-style-type: none"> <li>• How to talk to your friends about suicide?</li> </ul> <p>Commit has many different ways that it can be used, though when brought up in regards to suicide it is often thought of as crime. Suicide is not a crime and</p>	4:40-5:10



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Services	<p>thus language when it comes to suicide is important to be aware of.</p> <p>What are some warning signs of suicide?            Expressing suicidal thoughts, giving away belongings, saying goodbye, writing a notes, obsessive conversations about death, among many others. Changes may be seen in what they talk about, how they are feeling and changes in their behavior.</p> <p>How to initiate a conversation with someone who is or might be suicidal? This is not a how to guide, this a conversation.</p> <ol style="list-style-type: none"> <li>a. Ask directly</li> <li>b. You are not putting the idea in someone’s head</li> <li>c. What to do if they are planning on suicide?              Let them know you want to keep them safe              Ask, What support do you need to stay safe?              Share Resources with them              Connect friend with professionals              Remember it is not your responsibility to keep them safe, share who can help.</li> <li>d. Take Care of yourself.              Implement self-care and reach out to others.</li> </ol> <p>Who can your friend talk to if they are contemplating suicide? Where could they go? (This is not a complete list)</p> <ul style="list-style-type: none"> <li>- Crisis Lines, Family, Therapists/ Counselors, Teachers, Trusted Adults, Coaches, doctors, religious leaders.</li> </ul> <p>Where can your friend go if they are contemplating suicide?</p> <ul style="list-style-type: none"> <li>- Hospital, a safe friend’s or Neighbors house.</li> </ul> <p>Who can you talk to if your friend tells you they are completing suicide?</p> <ul style="list-style-type: none"> <li>- Trusted adults, family, parents.</li> </ul> <p>It was noted that this type of presentation does not fully exist in our region and how amazing it is that this is now being put into effect. This may be a great opportunity to partner with NAMI’s Ending the Silence presentations.</p> <p>Someone to talk to may not always make the difference, and many young people may not want the burden of being someone’s support who is contemplating suicide. Adult response beyond being someone to talk to may</p>	



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	not be what saves them either and there is still more to be done.	
<b>Youth Program Update</b>	Adulting 101- Will start planning again soon.  Youth Advocacy and Empowerment- Jerri Clark will conduct a listening session to get a feeling from youth about what they get at school, what they wish they got at school, what they think self-advocacy is. Planning to listen first and then come back based on what was said.	
<b>Activity:</b>	Speed Greeting Questions:  1. Which season fits your personality best—spring, summer, fall, or winter—and why? 2. How are you similar to your younger self? How are you different? 3. Have you ever done something on your “bucket list”? 5. What do you think most people take for granted? 6. What would you like to be known/remembered for? 7. What is your favorite way to relax?	5:10-5:45
<b>Wrap up/ Evaluations/ Questions:</b>	<a href="#">Fill Out The Evaluation Here</a>	5:55-6:00