

Southwest FYSPRT Meeting Agenda

Date: October 18th, 2021

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

Co-facilitators: Michelle Karnath, Katie Favela, Kirstin Peterson, Briana Mason Note Taker: Kirstin Peterson		Time Allowed
Review	<ul style="list-style-type: none"> WISe Data Review https://fortress.wa.gov/hca/wisebhasreports/SouthwestWashington.html Why? We review WISe data or WISe reports to identify trends, relevant strengths and needs for improvement, system barriers, system challenges, and regional service needs for youth and families. Increase in self and family referrals. Wise teams were able to meet treatment needs and address strengths. What does transitioning youth out into other services? Transitioning has been difficult and have had to transition into levels of care that they do not feel meet their level of need. Transitioning to telehealth is not always being seen as a supportive hand off after receiving intense in person services. Increased crisis services for youth would help meet some of the need. 	4:00-4:10
Welcome and Introductions:	<ul style="list-style-type: none"> General Announcements <ul style="list-style-type: none"> Catholic Community Services is developing another site in Salmon Creek. Stephen will send out information for the Gender Blender group that will begin meeting in person. Amerigroup announcing new benefits. Calm App and Tutoring. 	4:10-4:20
Presentation: Center for Parent Excellence (COPE) Jasmine Martinez	<ul style="list-style-type: none"> Provides statewide parent and family peer support. A Common Voice was started by parent peers in Pierce County. This year they received a statewide contract to provide services outside of Pierce County. Lead Parent Support Specialist (LPSS) are highly trained parents with extensive experiences in navigating the WA Behavioral Health System. Each region will have a LPSS that will work closely with the other regions. There is no cost and youth do not currently need to be in services. 1:1 virtual and phone support. Hold monthly regional virtual support groups for parents and caregivers, and can provide further one on one support if/when needed. Provides an opportunity for family peers to network. 	4:20-4:50



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Note Taker: Kirstin Peterson		
	<p>Sherry Lyons, Executive Director Sherry@acommonvoice.org</p> <p>Jasmine Martinez, Program Assistant, Lead Parent Support Specialist King, Pierce, Thurston Mason (*covering North Sound, North Central, Southwest) Jasmine@acommonvoice.org 253.732.4944</p> <p>Nicole Murphy, Lead Parent Support Specialist Spokane, Greater Columbia (*covering Salish, Great Rivers) Nicole@acommonvoice.org 253-732-1019</p>	
	<p>Questions:</p> <p style="margin-left: 40px;">1) How to people access support groups and trainings? There are links on the Health Care Authority website and they also have more information on their website.</p>	
Discussion:	<ul style="list-style-type: none"> ● FYSPRT Needs Assessment <p>Why? Identify the strengths and opportunities for growth of the SWWA FYSPRT. Once the needs assessment is completed, each FYSPRT engages in projects, activities, and/or events to address or highlight the strengths and opportunities.</p>	4:50-5:10
Update	<ul style="list-style-type: none"> ● Youth and Young Adult Continuum of Care (YYACC) <p>Top priorities (overarching)</p> <p>Adopted, by consensus as critical for prenatal to age 25 behavioral health across the continuum of care:</p> <ul style="list-style-type: none"> ● 7% Medicaid rate increase directed to community behavioral health agencies ● Compensation for people with lived experience (young people and parents) participating in work groups, committees and boards ● Funding for a Washington state strategic plan for prenatal to 25 behavioral health services <p>Prioritized subgroup recommendations</p>	5:10-5:20












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	1st  Fund startup activities for behavioral health integration in primary care settings 2nd  Ensure stable housing and care coordination for youth exiting inpatient treatment 3rd  Grants to put more behavioral health clinicians in schools 4th  Reimbursement for non-licensed staff to support behavioral health care in primary care settings 5th  Parent portal and toolkit 6th  Expand the Parent Support Warm Line 7th  Fund study of Certified Community Behavioral Health Clinics (CCBHCs) 8th  0-25 communication and marketing position at HCA 9th  Create a clinical supervision workgroup	
	<ul style="list-style-type: none"> • Statewide FYSPRT Meeting 	
Activity:	<ul style="list-style-type: none"> • Halloween Trivia- Maranda • Gift Card Raffle- Meridian 	5:20- 5:55
Wrap up/ Evaluations/ Questions:	Fill Out The Evaluation Here	5:55- 6:00