

## **October 21, 2019 FYSPRT Meeting Minutes**

**4-6pm**

**Location: YWCA 3609 Main St., Vancouver, WA 98663**

### **Meeting Opening**

- Introductions
- Sign-In Sheet
- Comfort agreement
  - Other agreements: Don't go over people, let everyone talk and Manage time, time awareness
- General Announcements
  - Wednesday October 30 - East County Family Resource Center open house
  - November 17 - "Most Dangerous Year" is showing about anti-transgender bathroom bills
  - November 2 – Women Supporting Women tea at YWCA

### **Lutheran Community Services Northwest: Joe Asbridge**

- Joe is currently one of LCSNW Manager's and grant writers
- LCSNW currently takes Medicaid clients
- LCSNW also specializes in Immigration and other services
  - Started 25 years ago
  - Lawyers are available to assist in paperwork
  - Citizenship services are available as well as ESL tutoring. LCSNW also uses volunteers
  - Free citizenship assistance for naturalization
  - Undocumented community members are welcome
  - Free assistance on some programs
  - Staff can assist with answering questions on interviews and tests (for citizenship)
  - Can assist with getting green cards
- VPD does not enforce immigration law; If you are undocumented and need to call police department, they should not ask about immigration status. VPD encourages people to report what they see
- Crime Victim Advocacy Program
  - Can be victim of any crime or if a loved one was a victim of a crime
  - Primary and secondary victims/witnesses can be helped
  - Does not matter where crime took place as long as they currently reside in WA
  - Free services
  - One counselor (child specialist) and one clinical Social Worker
  - Assistance in Russian and Spanish and access to interpreters
  - Also provide assistance to Vancouver Arts School, which can help with bullying
  - Emergency financial assistance available to help with the crime (such as fixing a broken window or lock)

- Funds can help with bills related to crime
- Non-discriminatory assistance
- Intakes can be on-line, in the office, and staff can help even at the courthouse
- There is no time limit to the sessions
- LCSNW also provides clinical mental health treatment
  - Counseling
  - Case management
  - Medication management
  - Medicaid only at the moment
  - Adult services only
  - Adjustment support group available (55+ for Russian population, Slavic services available in a non-threatening way to get people involved)

### **Youth Advocacy and Empowerment Report Out – Briana Mason and Violet McKinney**

- YA&E gave update on last meeting
- YA&E changed their evaluation form to “Reflections”

Reminder of the Youth Advocacy and Empowerment Group

- YA&E launched an Instagram page @swwa\_yae Follow and support our page Please follow the Facebook page also <https://www.facebook.com/FYSPRT/>
- Next YA&E Meeting - We meet the first Monday of every month (November 4<sup>th</sup>) at Hanna Hall Room 118 at Clark College from 5:30-7:30pm

### **Break Out Sessions – FYSPRT SWOT (Strengths, Weaknesses, Opportunities, Threats) – Sam Lewis, Michelle Karnath**

- FYSPRT SWOT (Strengths, Weaknesses, Opportunities, Threats) discussed
- FYSPRT members met in small groups and discussed FYSPRT SWOT and reported out discussions. Written SWOTs will be documented in the FYSPRT form and uploaded to the website

### **Break Out Sessions – Youth Panel Questions – Michelle Karnath**

- Youth panel of volunteers and Youth-Tri-leads answered questions regarding behavioral health services and other social services they have encountered

### **Wrap up and Evaluations**