



## Southwest FYSPRT Meeting Agenda

Date: May 21, 2018

Time: 4:00 p.m. - 6:00 p.m.

Location: YWCA Clark County Community Room  
3609 Main St, Vancouver, WA 98663

Co-facilitators: Michelle Karnath, Zenia Brar, Briana Mason, Leah Becknell Note Taker: Briana		Discussion Leader	Time Allowed
1.	Welcome and Introductions <ul style="list-style-type: none"> <li>• General Announcements</li> <li>• Sign-in Sheet</li> <li>• Comfort Agreement</li> </ul>	Michelle Karnath	20
2.	Overview of FYSPRT <ul style="list-style-type: none"> <li>• What is FYSPRT</li> <li>• Tri-Lead structure</li> <li>• Call for Youth Co Tri-Lead</li> </ul>	Tri-Leads	10
3.	Open Mic Night	Tri-Leads	10
4.	Statewide FYSPRT meeting update	Michelle Karnath	10
5.	Trauma, Impact on the Brain, & Mental Health	Cachelle Cronin	30
6.	Group Activity	Tri-Leads	30
7.	Wrap Up and Evaluations	Michelle Karnath	10

## Southwest FYSPRT Comfort Agreement

The following is a series of expectations, rules and group norms that serve as a guideline for the group. If you have something you would like to add, please share with the group and it will be added to the list.

- **Don't talk when others are speaking**
- **We are all here to support positive change**
- **Explain "lingo" i.e. acronyms and abbreviations**
- **What is said here, stays here**
- **Practice Respectful Honesty**
- **No cell phone use (unless an emergency)**
- **Share the floor**

\*This is a living document and will be updated to reflect the guidelines of the FYSPRT\*