

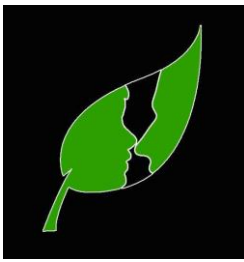
Southwest FYSPRT Meeting Agenda

Date: May 16, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

Co-facilitators: Michelle Karnath, Kirstin Peterson, Katie Favela Note Taker: Payton Thornton		Time Allowed
Welcome and Introductions:	<p><i>Daniel Smith, CHPW</i></p> <p>"Hey All-here is CHPW benefit page link. https://www.chpw.org/chpw-benefits-plus/. As LeeAnn mentioned, we collaborate of a lot of benefit presentations to individuals as well as organizations. Please reach out to us at your convenience. If you want CHPW direct contacts email me at Daniel.smith@chpw.org"</p>	4:00-4:10
SWWA Monthly Community Spotlight	<p><i>Maranda Heckler: marandah@crmhs.org, 360-991-8446</i></p> <p><i>Taylor Hammon: Taylorh@crmhs.org, 360-622-1974</i></p> <p><i>Columbia River Mental Health Services</i></p> <ul style="list-style-type: none"> • Options program is for 14-25 year olds. • It's an informal program compared to the other clinics. • They have 10-15 minute therapist services. • Various mental health services offered. • Healthy Transitions Program (HTP) <ul style="list-style-type: none"> ○ Program for those 16-25, during the transition to adulthood. ○ Supporting that transition with various services (MH and otherwise). ○ Peer interaction opportunities. ○ Adulting 101 Course • They take all insurances, but state insurance is covered. • Screenings are available for anyone in that demographic. 	4:10 - 4:30
Information: Substance Use Disorder Trends in Youth	<p><i>Hayden Babby, SeaMar (360) 550-1745</i></p> <ul style="list-style-type: none"> ○ Trends: <ul style="list-style-type: none"> ▪ THC Cartridge Use resulting in symptoms of psychosis ▪ Fentanyl overdose at Hudson's Bay high school ▪ High use/low perception of harm related to marijuana use ▪ Increase in behaviors leading to suspension ▪ Rates of suicide increase in the spring 	4:30 – 4:50



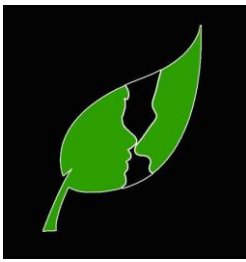
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	<ul style="list-style-type: none"> ○ Consent FRIES Model for Students: <ul style="list-style-type: none"> ▪ Freely Given ▪ Reversible ▪ Informed ▪ Enthusiastic ▪ Specific ○ Fentanyl Resources: <ul style="list-style-type: none"> ▪ Narcan can be obtained at any pharmacy in WA without a prescription. ▪ Narcan and fentanyl test strips can be obtained at the Clark County Syringe Exchange. ▪ Never Use Alone Hotline: a number that individuals can call when using opiates that can dispatch emergency services if they become unresponsive. 	
Update: Youth and Young Adult Continuum of Care (YYACC)	<ul style="list-style-type: none"> ○ Youth Lead is running focus groups/listening sessions with Youth, to have discussions about their concerns about the group, like accessibility. <p><i>Native American Resources:</i></p> <p>Emily Gardner, LMHC, MAC Program Manager Cowlitz Tribal Mental Health Pronouns: She/Her/Hers 922 Fir St. ▪ Longview, WA 98632 7700 NE 26th Ave. ▪ Vancouver, WA 98665 [p] 360.353.9422 [p] 360.397.8228</p>	4:50-5:10
FYSPRT Survey Review	<p>Successes we've had in the last year:</p> <ul style="list-style-type: none"> ○ Higher Attendance ○ Adulthood 101 is going well. ○ Staying connected and growing <p>Biggest FYSPRT Barriers:</p> <ul style="list-style-type: none"> ○ Room for improvement and building more community connections. ○ Remote limitations have stunted community engagement. <p>Stephen suggests inviting community orgs into FYSPRT to further communicate, and showing up to and hosting community events.</p>	5:10-5:25



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Update: Adulthood 101/YAE	<ul style="list-style-type: none">○ Next Adulthood 101 session 5/18.○ Considering running summer sessions, depending on interest. More Information: https://wccsupport.org/	5:25 - 5:30
Activity: Riddles		5:30 - 6:00
Wrap up/ Evaluations/ Questions:	Fill Out The Evaluation Here	