

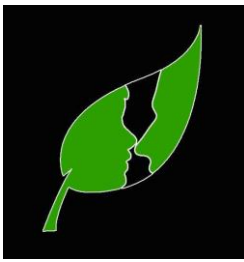
Southwest FYSPRT Meeting Agenda

Date: March 21st, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

Co-facilitators: Michelle Karnath, Kirstin Peterson, Katie Favela Note Taker: Kirstin Peterson		Time Allowed
Welcome and Introductions:	General Announcements <ul style="list-style-type: none"> • Stephen Herndon- Triple Point and Gender Blender for LGBTQ+ youth in Middle or High School groups will be back in person but masks are required. • Hayden Babby- All CSNW emails have gone away and he is happy to get correct emails for whomever needs them. All are now firstname.lastname@Seamarchc.org. 	4:00-4:10
Wise Report Out- Katie Favela	https://fortress.wa.gov/hca/wisebhasreports/SouthwestWashington.html#Recommendations for Wraparound with Intensive Services Highlights: <ul style="list-style-type: none"> • 2021 did not see many big improvements due to staff shortages and some required virtual approaches. • Anxiety levels did not necessarily decrease with treatment. • Acuity levels are going up. 	4:15-4:25
Trauma Intervention Program (TIP)- Jami Schroeder	TIPTeens <ul style="list-style-type: none"> • Trauma Intervention Program was founded in 1985 as a result of a Mental Health Professional noticing a need for MH supports for those surrounding a crisis. • Called out by police, fire, Emergency Medical Services or school systems to respond when a crisis occurs. • There are 183 active volunteers with 17 being teens. Teens are trained the same way adults are and they each attend a 60 hour training academy. In the second week the teens focus more on calls that teens will respond to. • Tip offers support while the individual decides what their next steps are. • Primarily respond to schools after a death and respond with an adult. • Teens are activated through a mass text to see who is available based 	4:25-5:00



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<p>on what the call is and where the school is located. They are usually briefed before the school day begins and are given information about what had taken place and what group they were a part of. They are there to support any kids or peers who need support.</p> <ul style="list-style-type: none">• Teens are debriefed within 24 hours of any call.• Requirements to be a TIP teen: they must attend all of the training session, have a cell phone, paperwork signed off by their school and parents, attend quarterly meetings, and there is a \$50 registration fee but scholarships are available. <div data-bbox="412 821 1339 1247" style="background-color: #f0f0f0; padding: 10px;"><p style="text-align: center;">THANK YOU!</p><p>Learn More:</p><ul style="list-style-type: none">• Facebook – Trauma Intervention Program NW• Instagram & Twitter @tipnw• The TIP Circle<ul style="list-style-type: none">• Membership group that receives quarterly newsletters and social media posts<p style="text-align: center;">For more information or Training Academy Inquiries, email tipstaff@tipnw.org OR jami@tipnw.org</p></div> <p>https://youtu.be/TdYZ0UkrMC8</p> <p>https://youtu.be/GdtfHRw6up8</p> <p>Questions:</p> <p>What are the ages for the teens?</p> <ul style="list-style-type: none">• They do not often go younger than 14. <p>What do they typically respond to?</p> <ul style="list-style-type: none">• They often respond to schools but they also get called out to any scene including a death in the home, overdose, fatality where a child is present.	



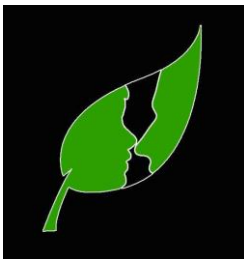
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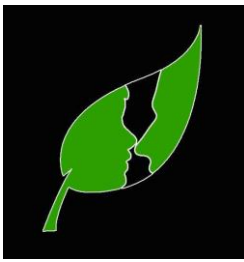
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	<p>Would teens be called out to Oregon?</p> <ul style="list-style-type: none"> • Yes they would serve both Oregon and Washington. <p>How often are the training courses and where are they held?</p> <ul style="list-style-type: none"> • Twice a year in Portland, OR. They are all back in person now that they are able to be, they try to keep groups smaller and keep them to around 25 people. She is more than happy to put anyone on the list to hear about academy's that are coming up. <p>How do you retain youth with such heavy work? Do they typically stay onboard for a while?</p> <ul style="list-style-type: none"> • It is a mix of both and often times when they go off to college they do step away, but they sometimes do come back as adults. They try to be aware of how often teens are responding and when at a school for multiple days they try to make sure that different teens respond. 	
Challenge and Solution Form Workshop- Michelle	<ul style="list-style-type: none"> • Lack of outreach surrounding cultures that may not often seek help and not having providers that represent their community. <ul style="list-style-type: none"> - A really important bullet point and does have some work being done in the community to support it, but so much more could be done to outreach to BIPOC communities. - Latino Leadership NW- Diana Avalos Leos would be a wonderful connection for this. • Student loan forgiveness expansion to un-licensed clinicians providing community based services. • (Rewording for question below) How do we understand what evidence based programs/ models are working to support families in a less intensive wrap around model and how to increase support for these. • Changing the way that Medicaid is funded for children receiving services under the age of 18, so regardless of the level of need they can receive services in their own home. Creating a more cohesive approach with children, families and their providers. 	5:00-5:20



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	<ul style="list-style-type: none"> - An increase in providers that can meet kids where they are at beyond just Wise. - What the evidence based clinical based work needs to be brought forward to support this? - This may be applicable to the Strategic Plan legislation that was passed. <ul style="list-style-type: none"> • Oregon providers in Portland being licensed in Washington so that they can access providers that are available to them regardless of where they live. 	
Adulging 101/ YAE Update- Maranda Heckler	<p>YAE- Still meeting on the first Monday of the month from 5:30pm to 6:30pm. Sierra Stacy is helping with the upcoming social media challenge.</p> <p>Adulging 101- Health and Nutrition this Wednesday. Going to start doing raffles at the beginning and at the end of the meeting and items will be connected to whatever the theme is. Age range is 16-26 but they don't "ID at the door" so all are welcome. Maranda and Andi would love to come meet people in person and share the work they are doing!</p> <p>marandah@crmhs.org</p> <p>andib@crmhs.org</p>	5:20- 5:30



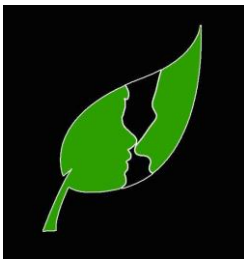
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<p>Legislative Updates- Jerri Clark</p>	<p>Bills that passed the legislature in 2022:</p> <ul style="list-style-type: none"> o HB 1590: Enables school districts to consider pre-pandemic enrollment numbers to stabilize funding if drop in student numbers due to the pandemic has been significant. o HB 1664: Provides funding and incentives for schools to increase numbers of staff who provide physical, social, and emotional support to students. o HB 1800: Requires Health Care Authority (HCA) to build and maintain a website (“parent portal”) to help families seek out behavioral health services for children 0-25, in consultation with Washington State Community Connectors and relevant stakeholders. Also supports growth and training requirements for behavioral health ombuds serving youth through the Office of Behavioral Health Consumer Advocacy. o HB 1834: Establishes a student absence from school for mental health reasons as an excused absence and requires OSPI to engage with districts to ensure schools follow the law. o HB 1890: Creates an advisory group under the Children and Youth Behavioral Health Work Group (CYBHWG) to build a strategic plan for children, youth transitioning to adulthood, and their caregivers. Also establishes a \$200/day stipend (up to 6 meetings per year) for members of the CYBHWG with lived experience who are not attending in a paid professional capacity. o HB 1878: Expands access to free and low-cost food at school. <p>HB1890 overlaps with HB1800: Requires that HCA to build a portal for parents to navigate BH in Washington. It will be an interactive website that guides families toward the information they were looking for and the information they didn’t even know they were looking for. Will be driven by Artificial Intelligence, and will become more robust the more people interact with it. This will also help to shine a light on where system gaps are. Healthy Minds Health Future through Washington State Community Connectors received money to work with the tech company R Prime to build this.</p> <p>When this is fully built they will want FYSPRT, families, youth and system partner involvement and input. The Bill requires involvement and input from the community in this process.</p> <p>The Washington State Mental Health Summit is an inclusive forum for stakeholders around the state to develop, share, and advance new and</p>	



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	<p>promising ideas, opportunities and collaborations that will advance effective education, prevention, and care for Washingtonians living with mental health and addiction problems. The event is open to any mental health stakeholder interested in participating in the improvement of mental health care in Washington State.</p> <p>Planning has begun on the next Washington State Mental Health Summit event. The date for the next event is May 17th, 2022 and will be held, once again at the University of Washington HUB Grand Ballroom, in cooperation with the Harborview Behavioral Health Institute. It is currently planned as a hybrid in-person/virtual event. Registration for both options will begin sometime in April. Be sure to be on the Summit mailing list so you can receive updates on registration and other event info.</p> <p style="color: red;">https://www.wamhsummit.org/</p>														
Scavenger Hunt	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Categories</th> </tr> </thead> <tbody> <tr><td>Something Green</td></tr> <tr><td>Something food related</td></tr> <tr><td>Art or something you use to make art</td></tr> <tr><td>Something Fluffy</td></tr> <tr><td>Something that makes noise</td></tr> <tr><td>A toy</td></tr> <tr><td>A book</td></tr> <tr><td>something sports related</td></tr> <tr><td>something you drink out of</td></tr> <tr><td>Something from the 2000s</td></tr> <tr><td>Something blue</td></tr> <tr><td>something you have three of</td></tr> </tbody> </table>	Categories	Something Green	Something food related	Art or something you use to make art	Something Fluffy	Something that makes noise	A toy	A book	something sports related	something you drink out of	Something from the 2000s	Something blue	something you have three of	5:30-5:55
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Wrap up/ Evaluations/ Questions:	Fill Out The Evaluation Here	5:55-6:00													