

SWWA FYSPRT Meeting Minutes

July 20, 2020, at 4pm to 6pm

Location: Virtual via Zoom

Meeting Opening

- Introductions
- Virtual sign-in and technical assistance as needed
- Comfort agreement
- General announcements

Community Discussion: Phrases and Microaggressions

- Briana led members and attendees in a discussion focused on phrases that can be seen as microaggressions.
- Microaggressions are defined as everyday verbal, nonverbal, snubs, insults, whether intentional or unintentional which communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalized group membership.
- While microaggressions are generally discussed from perspective of race and racism, any marginalized group in society can become targets: people of color, women, LGBTQ+, individuals with disabilities, religious minorities, and so on.
- The most detrimental form of microaggressions are usually delivered by well-intentioned individuals who are unaware that they have engaged in harmful conduct toward a socially devalued group. On the surface, these everyday occurrences may on the surface appear quite harmless, trivial, or described as “small slights.”
 - For examples of phrases, please visit:
<http://breakingprejudice.org/assets/AHAA/Activities/Microaggression%20Activity/Statements%20and%20Interpretation.pdf>
- Additional links to learn more:
 - <http://media.sheknows.com/article-downloads/hatch-discussion-guide.pdf>
 - <https://www.ncsddc.org/wp-content/uploads/2018/12/MicroAggressions-Presentation.pdf>

YAE/Meaningful Movie Update and Scattergories Activity

- Briana shared YAE monthly meetings still on pause.
- In the meantime, looking at virtually hosting documentaries focused on youth topics such as dyslexia, foster care system, and more.
- Everyone would view the documentary at the same time and then have a guided discussion afterwards with attendees. More details to be announced soon.
- Briana led members and attendees in a Scattergories activity.

Predictability and Relationships: Supporting Youth on the Spectrum

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Wrap Up and Evaluations