

February 24, 2020 FYSPRT Meeting Minutes

4-6pm

Location: YWCA 3609 Main St., Vancouver, WA 98663

Meeting Opening

- Introductions
- Sign-In Sheet
- Comfort agreement
- General Announcements

Youth Advocacy and Empowerment Report Out – Briana Mason and Violet McKinney

- YAE discussed:
 - Adulting 101 – series of workshops in partnership with the Healthy Transition Grant to teach “adult” skills to youth
 - Memes – Series of memes given to FYSPRT member tables to use to represent the experiences with providers, social services, or other topics
 - FYSPRT reviewed memes
 - Challenge Board being developed

Reminder of the Youth Advocacy and Empowerment Group

- YA&E launched an Instagram page @swwa_yae Follow and support our page Please follow the Facebook page also <https://www.facebook.com/FYSPRT/>
- Next YA&E Meeting - We meet the first Monday of every month (March 2nd) at Hanna Hall Room 118 at Clark College from 5:30-7:30pm

Cowlitz Indian Tribe – Karyn Kameroff

- Karyn discussed her program, Pathways to Healing which helps with persons who have experience with domestic violence or trafficking
- Participants need to be enrolled or an identified descendant of a tribal member, family member, or household member
- They provide advocacy for and in court services
- Karyn discussed Tribal services and history of Cowlitz Tribe
- Cowlitz Tribe is a grant funded tribe and received land 4 years ago
- Cowlitz Tribe built Ilani Casino Resort (Ilani means song)
- Cowlitz Tribe has its own police force, gas station, parking structure, and court
- They have three sites to provide social work
- Native culture is incorporated into everything they do
- Use of sweat lodges and plant based medicine and knowledge is incorporated also
- Cowlitz Tribe provides family therapy and Longview has a health clinic (they have a bus from the Vancouver site which is free to use)
- They also have a site in Tuckwila, WA

- Cowlitz Tribe has an annual Pow Wow in October at the Clark County Fairgrounds
- Parenting classes (children are gifts, positive encouragement, strength based) are offered as well as child care assistance
- Indian Education Programs (tutoring, teaching culture, fieldtrips) are offered
- Karyn discussed Indian history including missing and trafficked children, as well as the Government relocation of Native tribes and land

Molina – Case Management Program, Melissa Carroll

- Melissa handed out a packet of resources to FYSPRT members
- Case Management can help access services, assists with service navigation, identify gaps and barriers in services, and can help manage chronic illness
- To enroll in case management services, members need a referral, either through a PCP, therapist, or self-referral
- Meetings with case managers can be in-person or via telephone
- Complete assessments are completed and goals are developed
- Plans will be assessed throughout the process
- Managed Care Organizations (MCOs) fund physical health, mental health, substance abuse disorder services, and vision
- Health Care Authority (HCA) funds dental
- Case management can help with pre/diabetes and asthma support, hypertension, obesity assistance
- Case management uses prevention and stabilization, helps with recent discharges
- Case management services are completed telephonically
- Health Homes are available for chronic conditions, high risk members, and is a voluntary program
- Health Homes provide additional support for members with a high predicted risk due to a condition
- Molina has an incentive program for preventive care and a dentist link for people that have certain fears of going to the dentist

Wrap up and Evaluations