

February 25, 2019 FYSPRT Meeting Minutes

4-6pm

Location: YWCA 3609 Main St., Vancouver, WA 98663

Meeting Opening

- Introductions
- Sign-In Sheet
- Comfort agreement
- General Announcements
 - Partnerships for Action, Voices for Empowerment (PAVE) discussed two house bills in the house at this time that will effect mental health including involuntary mental health holds, parent initiated treatment, and releases of information for youth over the age of 13 years old.
 - State will hold hearings on issues. FYSPRT participants encouraged to advocate for mental health issues, either in person or via internet (email, Facebook).

WISE Quarterly Report and Discussion – Paul Davis

- Wraparound with Intensive Services (WISE) provides comprehensive services and support to eligible Medicaid-funded children and youth in Washington
- Child and Adolescent Needs and Strengths (CANS) assessment measures a child/adolescents needs and strengths using a zero to three rating scale.
- Needs: self-harm, disruptive school behavior, lack of attendance, anxiety, depression, mental health issues, poor home relationships
 - a. CANS 0 = No needs
 - b. CANS 1 = Some difficulties but no history of issues
 - c. CANS 2 = Minor issues
 - d. CANS 3 = Significant difficulty areas
- Strengths: Could be spiritual, primary care relationships, school engagement
 - a. CANS 0 = Centerpiece strength
 - b. CANS 3 = Lack of positive strengths, pro-social connections
- The CANS is a communimetric tool where assessors should score the same, it is not designed as a therapeutic intervention
- Many programs use CANS assessments including WISE
- To find updated reports and information please search on the internet “WISE HCA” (Health Care Authority) www.hca.wa.gov/
- Schools do not make many referrals to WISE but Special Education does
- Schools may be tied down by HIPAA and/or think referrals will not go any further
- WISE continues to work on retention rates with clients
- Assessments may change over time due to what information families feel comfortable sharing

Youth-Adult Swap Activity

Youth led activity. Adults pretend to be youth. Youths pretend to be adults.

Youth asked a series of questions ranging from what is feeling safe to who they go to with problems.

Following activity, adults shared what it felt like to be a youth.

Youth shared what it felt like to be an adult as well as compared the adult's answers to similar experiences they might have been through.

Wrap up and Evaluations