

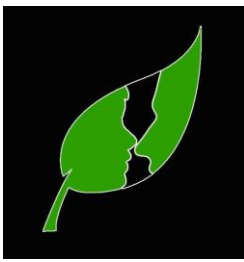
## Southwest FYSPRT Meeting Agenda

Date: December 20th, 2021

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

<b>Co-facilitators:</b> Michelle Karnath, Kirstin Peterson, <b>Note Taker:</b> Kirstin Peterson		<b>Time Allowed</b>
<b>Welcome and Introductions:</b>	<ul style="list-style-type: none"> <li>• General Announcements</li> </ul>	4:00-4:10
<b>Presentation:</b> ESD 112 Behavioral Health Navigator- Susan	<p>Their focus is school based Behavioral Health and Suicide prevention. The program was fully funded in the 2020 budget and positions were established in all 9 ESD's, though COVID prevented the role from being filled until 2021.</p> <div style="display: flex; align-items: flex-start; margin-bottom: 10px;"> <div style="background-color: #c6e0b4; border-radius: 10px; padding: 10px; margin-right: 10px; width: 150px; text-align: center;"><b>Goal</b></div> <div style="border-bottom: 1px solid black; padding-left: 10px;"> <p>To increase equitable access to behavioral healthcare and services for students in need through state and regional cross-system collaboration with schools and communities.</p> </div> </div> <div style="display: flex; align-items: flex-start;"> <div style="background-color: #c6e0b4; border-radius: 10px; padding: 10px; margin-right: 10px; width: 150px; text-align: center;"><b>Purpose</b></div> <div style="border-bottom: 1px solid black; padding-left: 10px;"> <p>To have a dedicated staff person networking with regional partners and K–12 school districts for the coordination of behavioral health services to students and families who are eligible for Medicaid.</p> </div> </div> <p>They are not a direct service provider, they provide coordination of services, facilitate partnerships with service providers and the schools, ensuring adequacy of services. These roles were established at the same time as the School Safety Centers. Work to help equip the schools with the services they need despite limitations of the county, if a service isn't there what else could they do? The Navigator also provides BH related trainings to the schools including providers in the schools, teachers and other staff. They also work to understand and know about local resources and collaborate with groups like FYSPRT. Working to ramp up support of mobile response in Klickitat.</p> <p>Would love to talk to anyone who wants to share about the services in their area. <a href="mailto:susan.peng-cowan@esd112.org">susan.peng-cowan@esd112.org</a></p> <p>Questions:</p>	4:15-4:45



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	<ol style="list-style-type: none"> <li>1) Are they able to serve/ connect uninsured families? Yes they are able to connect individuals regardless of insurance. Many gaps for families with private insurance as well.</li> <li>2) How do they work to ensure system adequacy? If a student is in need of support at a school without a strong referral process she can come in and look at the systems to see how students can more adequately access services.</li> <li>3) PAVE often comes across many students who are looking for additional supports but accessing ESD services may be confusing for some teams such as those focusing in IEP's and 504 plans. Many districts are unaware of these BH Navigator programs. If a district is in need of support how would a student or family assure that their school/ district has access to these supports? The program began in September and is working at systems level to make positive changes in a districts processes. The district themselves has to reach out. While it is the districts responsibility to know how to access a provider, many do not know how to.</li> <li>4) Would she have access to a list that says what schools have a BH provider and who they are through? Yes, it is a constant moving target but she does have access to this information.</li> <li>5) Concerns with youth services for foster youth in KL, unable to find any providers that will take specific insurance in rural counties. Finding services in Clark is equally as difficult particularly for transitional age youth.</li> <li>6) Can ESD's therapist fill the gap until a youth is able to access services? Currently yes for Medicaid youth in Clark County. It has been proposed to place a therapist in every school district and this was offered but not all districts requested ones. Currently they are mostly in remote areas. There is a mobile therapist that she can deploy as needed.</li> </ol>	
<b>Discussion:</b> Spark Development Program, Meridian, Sierra and Kread	SPARK- Students Providing And Receiving Knowledge. A team of youth that help other youth get their peer counseling certification and offer a six week program to do this. Through SPARK the CPC is free. SPARK's six week program provides training and social emotions skill building to prep them to been a peer. The development team and is working to distribute flyers and get their social media marketing up. Age range is generally between 17 and 26. The team provides information and guidance on how to access this certification. The	4:45-5:00



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	<p>only agency hiring youth peers currently is Catholic Community Services though this may increase in the future.</p> <p>For anyone interested in statewide work toward system change, here's the link to the 2022 legislative recommendations from the Children and Youth Behavioral Health Work Group, which includes recommendations from subgroups also--including the Student Behavioral Health and Suicide Prevention Work Group:  <a href="https://www.hca.wa.gov/assets/program/cybhgw-proposed-recommendations-2022.pdf">https://www.hca.wa.gov/assets/program/cybhgw-proposed-recommendations-2022.pdf</a></p> <p>Currently looking for two youth with a GED between 18-26 to join the team. They cannot work over 15 hour and are paid monthly.</p> <p>Outreach will involve collaboration with local groups such as FYSPRT and other system partners. Outreach to additional organizations serving families would be useful.</p> <p>Carolyn Cox would be the contact for this program.  <a href="mailto:spark.ignite2019@gmail.com">spark.ignite2019@gmail.com</a></p> <p><b>Questions:</b></p> <p>1) Is this course required to do the CPC training? No, it is a prep course so you are aware what being a CPC is.</p>	
<b>Discussion:</b> Adulting 101	Starting January 12 <sup>th</sup> and will run every other Wednesday until June. Working to allow a quarter credit toward school. Life skills that school didn't teach you. 4-5:30 pm.	5:00-5:20
<b>Activity:</b>	Holiday Scavenger Hunt Winners- Something red- Kread Bell- Bree Snowman- Meridian Stocking- Meridian Elf- Bree Ornament- Meridian Raindeer- Bree Snowflake- Bree Card- Bree Christmas Book- Meridian	5:20-5:55



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	Something Green- Squeakers Candy Cane- Meridian Santa Hat- Janet Angel- Squeakers Star- Meridian	
<b>Wrap up/ Evaluations/ Questions:</b>	<a href="#">Fill Out The Evaluation Here</a>	5:55- 6:00