

December 16, 2019 FYSPRT Meeting Minutes

4-6pm

Location: YWCA 3609 Main St., Vancouver, WA 98663

Meeting Opening

- Introductions
- Sign-In Sheet
- Comfort agreement
- General Announcements
 - Service providers discussed their role in the agency they work for.

Project Hope4Humanity

- Unfortunately, Project Hope4Humanity was unable to attend tonight's meeting and will be rescheduled

Youth Advocacy and Empowerment Report Out – Briana Mason and Violet McKinney

- YA&E gave update on last meeting

Reminder of the Youth Advocacy and Empowerment Group

- YA&E launched an Instagram page @swwa_yae Follow and support our page Please follow the Facebook page also <https://www.facebook.com/FYSPRT/>
- Next YA&E Meeting - We meet the first Monday of every month (January 6th) at Hanna Hall Room 118 at Clark College from 5:30-7:30pm

Winter/End of the Year Activity – Michelle Karnath and Katie Favela

Ted Talk Discussion – “Build a Tower, Build a Team” – Tom Wujec

- https://www.ted.com/talks/tom_wujec_build_a_tower_build_a_team?language=en
- Tables broke up into groups to build tallest tower of spaghetti, tape, and one marshmallow
- Only 2 teams were able to complete a standing project
- Discussion of teamwork, creativity, and stress
- Video was watched regarding activity and members discussed reactions and thoughts to the video including managing stress, why some structures fell, things they would do different next time, and starting at a different point (with the marshmallow)

Healthy Transitions Program – Melissa Peede

- Melissa discussed new program through Columbia River Mental Health Services (CRMHS) and the Options Program

- Health Transitions Program (HTP) is now staffed with 2 Youth Peer Navigators
- HTP will work with youth enrolled in CRMHS
- HTP will also partner with FYSPRT on projects and activities

Success/Challenges 2020 Group edition – Michelle Karnath

- FYSPRT members met in groups to discuss county services and discussed both successes and challenges with services in the community
- Success/Challenges were documented on cards and given to Tri-leads to review for future topics and discussions.

Wrap up and Evaluations

Happy New Year!