

February 13th FYSPRT 2017

Lots of new faces

Comfort agreement

FB agenda: handing over to Eli and Briana. They are now the drivers. What should we have on there? Youth? Community?

- Meeting reminders

- Other events

- Direct share with events

- Mental health articles

 - Funding

- Check out Youth Sounds FB page

- A place to raise concerns to be addressed at this meeting → who to contact

- Creation of basic guidelines for posting

- Eli @ SWFYSPRT

FVHS

- Delivered the awards to winners for design contest

- Hs wil partner with us for the trifold

Youth peer support training will be going on in a couple of months

FYSPRT name options: Hope out loud and Linking Our Communities

- Facebook poll

- This can't be the Tri-lead's job, this has to be meeting driven

Name Change

- Maybe post elevator speech and then see if that fixes the problem

- Things need a name

- No acronyms

- Can you sum this group up in 1-2 words

- Create a couple of options and then let kids decide

- My kids know what fysprt is

U2 is a band, you didn't know who they were until you heard their music, but now you recognize u2

Elevator Speech

Do we move forward with the elevator speech and a new name or just elevator speech. 10-15 minutes to practice/read the draft and make notes on 5x7 card.

- 5 people liked the simplistic last version

- Last one is how we speak and that's the best

FYSPRT connects family and youth to the systems that run our mental health, addiction and health care

- Some were better written and some were better spoken

- Have cards to hand out with Face book and number

Have a basic 1 liner with written paragraph below. The spoken elevator speech is different.

Is there incentive to change?

Can we check with the other group that changed their name and how it affected their turn out

Make sure if we change our name it identifies our region
Let's table this and focus on elevator speech

Kalen: Urban Poets Society

If you are interested sign up, interested in working with Jordan. In connection with Fort Vancouver High School

Youth Voice-Youth Local FYSPRT

Standing committee

Michelle emailed travis: he can come do a work shop.

What do we hope to get out of this?

Working around HS schedules

Location

Working now to prepare for fall

Who should participate?

Rebecca would be happy to go to high schools and mental health professionals

Any system partners with groups that could feed this?

Daybreak: Paths to Prosperity-ground (kids in and future)—Julia

1. Job component
2. Overall wellness
3. Youth led recovery program

Will take to drs offices (literature)—Amanda

Michelle and Daniel will reach out to system partners and travis—youth house

#7 Identify 2017 goals-Strategic Plan Framework

Elevator speech

Info hub

Youth driven agendas

Working in schools

Tri-folds and flyers

FB networking

Trouble with parents knowing problem but when they reach out they end up in legal system

We need school partners and LE here (cody)

Kalene: being in trenches (drug and alcohol) this is a community problem. Everyone is at capacity. Kids are using because society isn't engaging kids in a positive role model way regularly.

Relationships involve positive role models in schools. We need to stop pointing fingers and all take part.

Reach out to BG connect and BG mentors

Benjamin Lemons-BG Ray of Sunshine

Compile list of mentoring groups

What do you do when a parent comes to you and asks for help with their kid but when you do offer to help they get mad.

City Harvest

Moms group teaches

Dinners

Oil changes

Retreats

Single and 40 outreach

A way to inform parents of what schools should be doing to help kids. What should schools be doing?