

FYSPRT: November 11th, 2016

Introductions:

Alison and Cody for Health Care authority

Kyleight- youth with Kori-family

Announcements:

Warehouse 23-free thanksgiving dinner

Sign in sheet/Comfort agreement

*Add that it is okay to leave the room for taking care of yourself for self care

Update on December Event:

No formal December event, also happens in January

Caterers-Se Chow, talked about the settings/room/décor

7 submission so far for the new FYSPRT logos

Announcement about what the event is

Resource tables: Clean streets (AA/NA/other resources/families)-Kori

Cody-wants to volunteer to help set up

Urban poet society?

Film: Resilience (about aces) story about a loss of a children and grief but she greeted them every morning, they would write to her and it would lessen the stress.

Fort-Submissions

We have the room by about 5 (a little bit before it begins)

Good for raising awareness

Statewide FYSPRT-Update:

Was on November 1st

Different FYSPRTs are at different parts development but all similar struggles

Meeting at a high school to get more participation

Need a charter

Apple health core connections-WA state connectors: for kids who have aged out of foster care

Oversight of substance use grants

Challenge and solution form (would go from the region to the state and if not there to the executive state team)

More local FYSPRT development

WISe Community Collaborative-Update:

Going to meet on an undecided basis, going to continue to meet

Ownership of manual: co-collaboration

WISe to share information with FYSPRT

Held during the day, closed meetings-means for providers to see what is working and what isn't working

Discussion about 2017 Goals:

- What are our priorities? Who will take responsibilities? How do we define ourselves and what is our elevator speech? How do we get it out to the public domain?
- A way to measure what this group is actually accomplishing/impact/outcomes
- Teach advocacy skills
- East county support systems
- Information hub
- Homeless services
- Youth driven agendas
- Working in schools
- Flyers/tri-folds
- Facebook networking with other youth groups
- More events
- How do we get the youth more involved?
 - Maybe face-to-face rather than social media
- Tabling/resource fairs/elevator speeches/outreach/present at events
- Can we go to places to where youth already are? Difficult model to sustain because it would mean constantly moving to different places but might be nice to think about
- Going to clubs and youth church groups
- Faith groups in general, faith-based coffees
- Do we do outreach with our other hats or is it specific to FYSPRT?
- Charter needs to be updated; some of the language is outdated
- Meet contract deliverables
- Be advocated for by the providers
- Resource at hospitals
- Mental health services for people who speak Spanish
 - *translators?
- Diversifying the people at the table
- Mural in down town Vancouver
- Flyer-all the meetings-more accessible than the brochure
- Take off Janet off the back off of the brochure
- Cards/pencils/pens
- Tables with free things on your tables
- Stickers of logo

Systemic Goals:

- Increase access for speakers of other languages
- Respite center for breaks
- Legislation over higher care, avoid impatient treatment, intensive services for private care, insurance barrier
- More availability for psychological testing, and ones that don't just give you medication but treat the issue

- *A way for teens to know how to go to get diagnosed if they think they might need to be
- *Police have expressed a need for another option other than to arresting them, especially homeless (most of the people in the jails) and people who don't know how to get them into treatment, especially as once police get involved their crisis escalates
- CUP: chemical using pregnant women group
- More programs for women with children and detox programs
- Detox in brush prairie
- Risky patients to take in because they don't want to take people if it will give them in a bad rap.
- Mental health vs. development disabilities debate for officers? Who do you call? Violent kids, but they don't know what to do?
- It's not the police's job to work in crisis
- Nontraditional therapeutics
- Services for all ages
- No one to call when tensions are high
- Battle ground: rallying the whole community, Connect. Building relationships so that it can educate the whole community and have them connect in all the way, open trainings, teaching about aces and trauma. Opening their garages to be a good role models
- Bringing treatment to the schools
- Suicides in the north county, talking to kids in the community about what is going on
- North corridor-trying to build a sense of community and support
- FACT (family assertive - -) how do you go back to the environment and expect it to change, maybe a method we can apply to this region
- Skills to deal with anger management
- Most kids go to school so we know where they are
- More counselors seen in schools
- Peer run support groups, facilitated by an older model-came out of this FYSPRT, using daybreak as a pilot
- Looking at alternative schools
- Health classes (mandatory): it's important for everyone
- Assistance for siblings of the people in crisis, affects everyone
- Siblings of autism group, Dazmath (new autistic group), autism support group for moms (meets every other Monday at ark) found online
- De-escalation training
 - *Maybe a support group for everyone to normalize mental health and teach skills to everyone
- Empower youth who want to give back to others, scholarships, help others, letters of recommendations
- Meet up: group for everything, app for your phone
- Report out success stories

A lot of goals, which ones do we want to work on?
Structure this into smaller groups
Maybe e-mail based consensus
Hand out survey