

FYSPRT Meeting September 19, 2016

Wendy

Peggy

Kelly and Ashley Beacon

Stephen triple point

Linda

Corrie day break

Carol connections in court

Chase JRC

Jaden JRC

Austin planned parenthood

Judy Melina

Katherine youth

Danielle

Zenia

Briana

Michelle

Comfort agreement

How to reach family members?

Add them explicitly to the comfort agreement

Zenia-clinic supervisor with catholic community service

WISe update

Came out of a lawsuit from youth and families, youth were being hospitalized at a higher rates. Provide intensive home based alternatives to avoid out of area hospitalization. Must be implemented all over the state. In stage 2 of implementation, and began the initial transition from 2014.

Barrier to people accessing services? A coordinator will screen them and if they don't fit Catholic then they will move them to someone who can help them. Went from 40-115 families. Trying to get the right employees to fill the position. Catholics is an early adapter.

How do you get referred? Anyone can refer themselves. Phone call interview or in the community. Screen will be done within 48 hours. Then they will assign them a team based on first come first serve and need based. Sometimes there's a wait list and other times there is not. Always on site, not matter what time of day.

How do families pay for it? Melina, Medicare (the only providers).

Who're the key players? Therapist (mental health and treatment plan), wrap coordinator (coordinator of the wider team), family support specialist (crisis response and family tactics), family support partner, and youth support partner. Not all patients need all of the supporting staff, it is based off of their needs. They don't need to be with a current mental health provider. WISe is a high level service. It is a team decision to how long the service is needed, usually 6-12 months. They can partner with previous therapists and collaborate with them.

Crisis stabilization, like WISe but less intense, goes to the ED to help them. Short term treatment for 14 days, they don't leave their therapists. How do we bridge

families and youth who are in crisis but can't make the commitment, and there can only be one provider for the point of cost and fraud. Are there multi-lingual service partners and clinicians? No, but there's a high need for it and competitiveness for it, but there are interpreters available. Connections is wraparound with the court and often partners with WISE because connections don't bill Medicaid. Working together helps to try to not double up on meetings so that it isn't even more intensive. Can be hard afterwards for the family because they aren't used to not needing services 24 hours a day.

School resources

PAVE: parent training information, provides support, information and training for parents of mental health children.

Vancouver and Evergreen district has resource centers. Vancouver only has two centers in school, or mobile centers, all schools have pantries.

All schools have counselors, and collaborate with CSNW. Hudsons bay with childrens center and skyview works with CRMHS.

Tier process (will be in place soon) limited in scope

- 1) positive reinforcement
- 2) prevention/intervention
- 3) grant with children's center

Traditional programs don't always work

Open doors-GED program

Clark college-GED program

Barrier at schools?

IEP

Homeless district

Drugs and alcohol (just got a grant for helping with it)

Counselors in the schools are Medicaid so you can't have groups come in

What is the school doing during the middle of the school year to help you to keep kids in school through transition periods? Could there be a plan?

Finding other ways other than suspension to try

Bill Leng: restorative justice services, VPS, discipline practices.

"Suspension is a reward, not a punishment" -youth

More hands on teaching, younger teachers

Counselors aren't very good and nothing will get done.

Home link- flexible, school found a way to be successful, wouldn't change anything.

How did you find that option? Through the mom

Ramberg, taught geometry, very hands on. Positive teachers are helpful and when they are motivated.

49th street academy, 6 weeks and then transition back into high school. Not set up kids to fail. Doesn't give credits. Kids on IEP, suspensions can't be given.

Going to schools, setting up meeting with everyone and try to set up a program.

Found that the support groups were helpful in school systems.

Paper Tigers: alternative school in Walla Walla, documentary on it.

A lot of schools basing their curriculums on Aces.

Safety Summit: program that is held every year, key note speaker.

Positive teachers are helpful.

Potentially doing the movie screening?

FIMC: fully integrative medical care

Medicaid is responsible for an individual's entire well being.

A "ninety day" status report about Clark and Skamania, and whether they met the objectives

How do you integrate health care?

December Event "Gala"

Catchy names? Wellness and beyond, hope out loud, winter wellness gala

Both youth and family and system partners

At least 15 tables, a stage

December 6 at the Leupke Center 6-8pm (only for 150 people, if we get more than we will have plan B)

Travis and Jordan are going to be performing (open mic at some point?)

Food and networking and resources

Logo competition-working on the paperwork (small contract so we can retain the rights before people submit art work), Julia is working on it on their artwork

Anyone can come but stuff that is out there

Committees:

Decide on logo winner/contracts/presentation/displaying at event(not only youth submissions), display moved different places, can be digital

Marketing/advertising/networking with agencies/social media: Ashley, Daniel, Carol

Flyer needs a link to register (survey monkey)

*Maybe make a cheat sheet for all the acronyms, in case you forget

*Have a specific way of asking questions, either directly as raising hand or mentioning that speaking whenever is okay because there is a mixed of what we do and not a unified way of speaking so some people don't get to speak.

*Can we talk about younger aged children as well who are in even younger mental health programs.

*Contact teen talk to get a table

*counted three people who didn't have a chance to talk