

Introductions:

Michelle

Cody-health care authority

Julia Kostin

Ashley Johnson- beacon

Kelly-beacon

Carol-Connections/juvenile court

Made a children's book, Felicity's Disguise

Wendy-peer support coach

Tony-youth

Steven-children's homes society, triple point (LGBTQ support group)

Danielle

Briana

Janet

Passed around sign in sheet

Went over Comfort Agreement

Update:

New WISE manual was distributed (update)

Defined WISE-Wraparound with intensive services unit

FYSPRT is mentioned in the WISE manual

No longer for each region to have a program, now each region holds the contract to submit a proposal to DBHR on how they will get information from WISE to FYSPRTs

Some community collaborative may no longer exist, no longer a requirement

Quarterly report or readout may be expected (maybe when we go up to state meetings)

The purpose of the community collaborative has been controversial so now it was removed. The community collaborative funnels up the FYSPRT to the state.

The youth and family was supposed to be at the community collaborative but it wasn't being met.

\*Maybe we should dedicate more time to explaining about WISE and someone who supports and presents the information. Perhaps Patty

WISE-grown considerably, doubled

Almost no wait list

Update:

Transition-April 1<sup>st</sup> about how people are perceiving the changes, first 90 days. Meet the goal? Raw data and stats will be noted. An important report (email to the mailing list)

Anecdote from families and youth as well as hard data

Seems to be very successful

Providers are getting paid, no significant change in people accessing services, one measurement of integrative care. Long term there may be more data for real change.

Video Project:

Compilation of questions from last meeting

Questions for community that is concrete, some are more abstract and interpersonal

We've gotten the clips but haven't made it yet

FYSPRT needs to buy a video camera if they want to do it right

Not very expensive, better digital quality

\*maybe get a high school tech group to help us? Extra credit?

Video page? Answer? Web page? In order to get some of the questions answered

\*add to our list of feedback every week of questions people have

Vancouver and Fort Vancouver has shut down their senior projects

Some may be doing them during summer

How do we decide the final questions?

Definite questions we can post online

Post three questions every week to keep facebook page

Parental consent/waivers

Maybe depends

Give it to a group of people and have them go around in their community

Video Project Questions- Mark ones we should answer

- 1) We should answer it, Cody who should answer. HSCA go online, health benefit exchange, 1800 numbers. Special needs-community service office can help them. Navigators and personal assistance from DBHA. Sometimes at Seamar?
- 2) Answer. Teen talk, plan under Melina or Beacon. If they need higher, then they are already in the services so they should ask their therapist. They can call Catholics. WISE screen. If someone doesn't qualify then they do have the right to have it done. Answer with three answers so its simple but multiple places to start. Don't necessarily need to have it "higher level". Not easy to just answer.
- 3) In video
- 4) Video. Crisis line, signs that say it's a safe place (if you're in danger). How do you identify good support systems?
- 5) Video.
- 6) Video.
- 7) Video. Good to take to schools. Main focus.
- 8) Community needs report. In Daybreak its not a problem, but there's a gentle nudge to share because the more support they have the better it is. Identifying "you" in the questions make the answers very different. Hard for youth to share, parents don't want kids on drugs but they might be- counselors or school where it may be confidential but still dealt with. Call a hot line, become more open about it and accepting that they have it (Tony). Trust issue with another youth. Role playing in a video to see how a parent may be reactive but the parents will eventually calm down and hopefully help you.
- 9) Straight forward answer: brush prairie
- 10) Answer
- 11) Video and answers.

12) Similar to 11, specific answers. Hard to find someone from Daybreak who is reliable to be a peer support in order to be helpful. A panel goes to daybreak to speak, maybe some of those people to commit (younger and older) and they are already involved with going to Daybreak. Kids are usually receptive as long as people are real with them. Kids are interested meeting around Vancouver Mall, food and punch card for meeting incentive, "cool guest speakers" and they want a comfy and safe environment and more relaxed. Is it going to be open to other people who aren't in services? Hopefully at some point after it goes farther, be able to reach the community and schools so it isn't isolated. FYSPRT is prepared to fund it. The principal had 5<sup>th</sup> graders and Wendy spoke to them about recovery, maybe they could do that again and real life stories of how people get through recovery. Environment is really important as a clinical place is less likely to get an audience. Peer model is very important as well and possible ways to pilot and pay for that. It should start to have a rough draft of the peer model at the next meeting.

13) Answer

14) Video

15) Video

16) Answer/both

17) Both

18) Number 1

19) Stephen/triple point. Queer youth resource center, Vancouver, 18-25 years old (email an answer)

20) Video

21) Video/both

22) Video

23) Video

24) Video/both

25) Video

26) Video

27) Video

28) Video/answer

29) Video (same)

30) Answer

31) Answer/video (powerful)

32) Answer (video as well)

33) Not a question

34) Video

35) Video

36) Video

37) Answer-Ingrid (busy)

38) Answer

39) Answer

40) Video

41) Video

42) Video

- 43) Answer
- 44) No answer
- 45) Answer
- 46) Answer (depends)
- 47) Answer
- 48) Video/both
- 49) Already have this one
- 50) Answer
- 51) Video
- 52) Answer, Cody
- 53) Answer
- 54) Answer
- 55) Answer/video
- 56) Answer/ video
- 57) Already have them (Stephen)
- 58) Video
- 59) Video/answer (maybe the state FYSPRT dude)
- 60) Answer
- 61) Answer

Planned parenthood-Austin (was really helpful) mentioned by a member

December Meeting:

Potentially doing an event

Fundraiser dinner

Talent show

High five media, hello Vancouver, Kiggins theater, talked to state youth tri-lead

Art contest

Youth/family speaker

Who would attend? Who is planning it (smaller or larger committee)? Tailored towards Clark County but anyone could show up? Open mic? Silent auction?

Renting rooms, we should plan soon so that it is sooner than later.

Do we want a speaker for youth to come and attract them?

Mental health art contest- you have to know someone or be in the health field, \*youth house, maybe doesn't have to be an event, maybe a silent auction on the art?

Table at hands across the bridge-get a booth, recovery event (Janet)

Places: Kiggins? Water resource center? Library? YMCA? Firstenburg? Daybreak? WSUV?

Thinking about places with bus routes

Time: Dinner time 6ish to 8ish

Speakers, resource fair, community partners, food, magic show (dave), open mic

What age range? 15-30 and elements to everyone

Speakers:

Travis-state peer support youth sound

Marketing:

Making people aware  
Recovery forums  
Columbian  
Distribution list  
Social media  
Schools, and goes home to parents  
Mark Bolt  
Delegators need to come  
Information booths  
\*YWCA  
Committee: Michelle, Zinia, Janet, Briana, Danielle, Stephen, Julia (maybe), Christina (maybe)

Challenge and Solution Submission Form:  
You go to community, then state, then leadership team  
Probably put on website  
Help needs to get needs met  
Paper chain for it to go up to the state  
A lot of people ask about how we know something's getting done, way of holding responsibility to get a response.

Updates on StateWide FYSPRT meeting update:  
Work force and training  
True star presentation: inside juvenile. Mental health and substance abuse. Made a place in the lobby of the juvenile court and it was a hang out place a couple times a week. **how did they support that and promote that to get kids to come?**

Engage with Skamania County:  
Maybe go to a trip  
Face to face engagement  
Q&A (but a different word)  
Skamania doesn't have this type of groups there, historically an issue

New logo and name change:  
High Five, Community round table  
Are people more receptive?  
Michelle and Janet might shoot out an email  
We are giving the tree back  
**logo contest: ask Columbia river their art program does that a lot**  
At the event  
Signing away rights away that logo gives it to someone else  
Open mic announcement  
Advertise at the library  
How are we going to get people to know what it is in order to draw it?  
Possible incentives for those who wins (logo and name)  
Display and vote in December

Should get it out soon  
Draw a logo that represents family and youth  
Daybreak, youth house  
\$150, \$200, 1<sup>st</sup>/2<sup>nd</sup>/3<sup>rd</sup> prizes  
Certain size and parameters  
Specific materials? Perhaps help people out  
Draws kids in  
Final incentive? \$250, \$100 and \$100  
Set parameters (Janet)  
Adult artists? How old does that mean?  
No evaluation forms