

## Clark & Skamania FYSPRT Meeting Minutes

Date: November 16, 2015 Time: 4:00 p.m. -6:00 p.m.

Location: Clark County Center for Community Health,

1601 E Fourth Plain Blvd, Conference Room 210-B/C, Vancouver, WA 98665

Attendees and Agency Representation: Melissa Herschbach, SWBH (SP); Yvonne Smokey (F); Janet Bentley-Jones, FYSPRT Tri-lead (SP/F); Briana Mason, FYSPRT Tri-lead (Y); Heather Mason (SP/F); Robbie Orr, YWCA (SP); Hanna Russell, YWCA (SP); Edward Gresko (Y); Jordan Fussell (Y); Patti Renfro, Catholic Community Services (SP); Dylan Springstun, (Y); Betty Scott, Options (SP); Leeann Hodge, Options (Y); Eric Bumblatus, Youth Impact Program (SP); Carol Rochat, Clark County Juvenile (SP); Matthew ManCinie (Y); Mikael Keener (Y); Tabby Zduvnich (Y); Michelle Karnath, FYSPRT Tri-lead (SP/Family); Lori O'Brannon (F); Zenia Brar, Catholic Community Services (SP); Jeremy Hanks (Y); Kori York, Lifeline Connections (SP/F); Janell Lehto (Y); Norberto Sanchez (Y); Alexis Allen (Y); Tavia Langenbacker (Y); Dylan Lange (Y); Noland Stephenson (Y); Cassi Russell (Y); Tanner Davis (Y); Manuel Avalos (Y); Alex Robles (Y); Nayeli Adame (Y)

\*Youth = (Y), System Partner = (SP), Family = (F)\*

Agenda Item and Lead(s)	Discussion and Notes	Action Items	Who Assigned	By When
Introductions	Introductions were done around the room  Comfort Agreement was reviewed	N/A	N/A	N/A
2. Highlight Progress on Follow Up Items	The SW FYSPRT Meeting had a great turn-out with a lot of new faces, for the sake of being relevant to the youth in the room, an update was not provided.	N/A	N/A	N/A



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3.	New Items and/or	Our guest speaker was unable to come to our meeting and present on			
	Presentations	Youth Advocacy, so Daniel Smith facilitated this meeting by eliciting			
		the following discussion from the youth, family and system partners			
		around the table:			
		From your experience, what is needed in your community?			
		Changing drug charges for youth			
		Youth who use, might not be using just to be deviant, but because			
		there is a bigger problem. Drug charges do not help the youth get			
		what they need, in fact, it just causes more trouble for the youth.			
		<ul> <li>More mental health screens within the juvenile justice system to help connect youth to treatment</li> </ul>			
		There is a huge disconnect between juvenile programs, rehabilitation, and			
		mental health system, making the systems more connected would create a			
		better experience for youth.			
		Early interventions are needed to help address needs rather than			
		institutionalizing youth, where they can experience worse symptoms and			
		worse outcomes. Youth can easily get buried in the system.			
		A larger focus on <i>Project Clean Slate</i> : Allows youth to get a fresh start			
		Parent advocacy/parent support for those parents who have youth who have			
		many challenges (mental health, substance use, etc.) so they know how to			



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	Support and help their children  Mental health in all schools to help assess students at a young age, so youth can get help as soon as possible.  Youth Peer Support (in person)  Participating in Youth Advocacy Day in Olympia to help lobby legislation and create policy change that impacts the community  Project Driven  Mandating probation officers to have mental health education/basic training, and understand the referral path for youth who are a part with many systems. POs are the "First Line of Defense" for youth in some cases  Safe, affordable activities for youth — possible project for the future  Fort Vancouver High School: "Mecha Club" created a mural with messages of unity; mural is now the header on the High School's website. Could be a powerful project for youth in the community to work on for the FYSPRT  Learning about advocacy and how youth can advocate for their needs.  For at-risk youth: A teen Boys & Girls club to provide safe, fun, activities that will help support youth in the community	Tri-leads will continue the conversation on the Mural Project as a possible activity for the FYSPRT: Next Agenda Item	Tri-leads	
	Mental health screenings in schools: middle and high schools to help identify			



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	youth needs early			
	Help empower youth to make their own choices; Often youth have all their choices made for them (especially foster youth), so when they turn 18 they often feel incapable of making their own choices/decisions. *Help youth develop skills in decision making, and life skills*			
	Teaching youth that they are role models in their schools, homes, and communities			
	Mentor program: youth supporting youth			
	FYSPRT offering support for Senior Projects in the events and projects they choose to work on in the community to help recruit dedicated youth			
	Having a school in high school where life skills and pro-social activities are taught to youth			
	Support for youth who have absent parents, help understand how the community can help support those youth and help engage their parents			
	Mental health counselors in detention centers to help engage youth into services (change billing process so this can happen like it used to in the past)			
	Acculturation: Youth can have families from difference cultures/countries that do not understand their children's life or culture could be a barrier for youth and their natural supports. Having other adults from the dominant			



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	culture can help support the youth during challenging times.			
	Youth mentors/community organizations in schools			
	Who Should Be at the Table?			
	- Social workers			
	- Alumni			
	- Government			
	- Foster parents/parents			
	- Local legislatures			
	<ul> <li>Judges</li> <li>Decision makers to make sure that our [FYSPRT] voices are heard</li> </ul>			
	How do we prevent youth from ever entering the system? How can we build a community safety net?			
	How can we close gaps between systems?			
	- Transition age youth			
	How to identify youth who are inwardly struggling			
	- Youth who internalize their emotions and mental health symptoms			



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4.	Next Steps – Who Assigned	Tri-leads will continue working on youth advocacy information for the next FYSPRT, and continue conversation on how to get commitment from youth to complete community project.	Will follow up at December FYSPRT Meeting	N/A	
5.	Next FYSPRT Meetings:	Date: December 14, 2015 Time: 4:00-6:00 p.m. Location: Luke Jensen Sports Complex	Propri Meeting		