October 15, 2018 FYSPRT Meeting Minutes

4-6pm

Location: YWCA 3609 Main St, Vancouver, WA 98663

Meeting Opening

- Introductions
- Sign-In Sheet
- Comfort agreement
- General Announcements
 - Zenia Brar was recently promoted to lead the Catholic Community Services Foster Care program, creating an opening for a System Partner Co-Tri-Lead. Nominations are open.
 - Briana shared that the Aces Action Alliance will be at the youth meeting on November
 - Ydado shared that foster care will be fully integrated across WA in Jan 2019
 - Hattie shared that there is a candidates forum on disabilities and will send out a flyer

A conversation on creating safe space for LGBTQ clients and family with Karen Kopulos and Stephen Herndon from Triple Point

- Triple point is a LBTQ youth group (11-18 yo) that meets Monday-Thursday (middle school, high school, transgender groups)
- Janis youth group for older youth
- Works with PFLAG (Parents and families that work with lesbian and gay, and others)
- LGBTQ (Lesbian, gay, bisexual, transgender, queer, questioning,) can also have modifications
- Queer can mean a lot of things to a lot of people, used to be derogatory and reclaimed as the community, in-community word (should mainly be used only by people in the community)
- Sex: biological (male, female, intersex)
- Gender identity: internal sense
 - Transgender: having gender identity or expression different from biological
 - Cisgender: congruent gender identity and expression
- Gender expression: manifest masculinity or femininity, read by society and differ between society
- Sexual orientation: lesbian, gay, bisexual, pansexual (many/all/person rather than anatomy)
- Pronoun practice: "My name is ______ and I go by they/them pronouns, what is your name and pronouns?" Creates safe space for others to introduce their pronouns
- "They" can be used "Oh someone forgot their backpack, they forgot their backpack" is for if you don't know their gender but is now accepted for a third gender pronoun, sometimes you just feel plural
- Buttons for pronouns
- Good for email signatures to create safe space
- Ally: straight or cisgender person who supports and challenges phobias
- Phobias refers to the fear of the unknown or don't understand, prejudice/rejection/discrimination

- Knowing the challenges of coming out can affect: family, employment, peer relationships, education, housing, community involvement and support, personal safety, access to medical care (misunderstood by their doctor or care practitioner), intersectionality of identities, shelters not for their right gender
- 28% dropped out of school due to peer harassment
- Using inclusive language, bathroom and locker room access, diverse identities, pictures and materials reflecting diverse identities, asking and not assuming gender identity and sexual orientation
- Sometimes assaulted in bathrooms, kicked out of bathrooms or don't use the bathroom all day long because they don't have a bathroom that fits their identity, having a place for "other" checkbox
- Apps with gender neutral bathrooms (starbucks) or individual stalls "BathroomFinder"
- Legacy hospital has a T clinic (transgender) in Portland but give you Vancouver resources
- Tuesday is a drop in and dinner is served (Triple point)
- When we support the gay straight alliance, we support the entire student body

Youth Advocacy and Empowerment meeting and Advocacy

Briana Mason and Alaia Raven, Youth Tri-Co-Leads shared their personal stories about advocacy and the importance it has had on their lives.

Wrap up and Evaluations