

## **June 17, 2019 FYSPRT Meeting Minutes**

**4-6pm**

**Location: YWCA 3609 Main St., Vancouver, WA 98663**

### **Meeting Opening**

- Introductions
- Sign-In Sheet
- Comfort agreement
  - Other agreements: Step up and step back. Share the floor.
- General Announcements
  - Lifeline Connections, Recovery Resource Center in Hazel Dell, will be hosting local art show, Friday night 5-8pm

### **Community Advocacy – Temple Lentz**

- Temple represents District 1 of the Clark County Council.
- District boundaries discussed as being different than the school districts with no uniformity in district boundaries.
- Temple is the only Democrat on the City Council and works to bring up multiple topics such as access to mental health services.
- She discussed the mental health sales tax where 1% tax is dedicated to behavioral health services. The Sales Tax committee will disperse these funds.
- Community members can propose programs that should be funded under this tax. These tax dollars could be for mental health or substance abuse. They could go to private insurance members who can't access higher levels of care or they could go to prevention.
- County Council is the local arm of the state government. They assist with public health, behavioral health, and jails. The need for services continues to grow.
- Need policies in place to regulate police and protect citizens from discrimination and police brutality. How can mental health providers/trainings support police to protect everyone? CIT is a good start. Studying incidents after they happen and exploring causes, outcomes to determine how best to change outcome (learn from incident) the next time.
- For community/local advocacy: Easiest way to have your voice heard is to call or email your council members. It does matter to those in Office. You can also send a letter with a main message and have others write their own individual letters and send in.
- Next step is testifying in front of the County Council: 3 minutes to tell your story.
- Helpful hints: Be comfortable, know your case, know the environment (please visit if you would like), and get used to sitting in the City Council chair.
- Testimonials matter: Someone who is not paid to do it means more than a professional speaker.
- You can email Temple and see how a testimony can be delivered to better appeal to members.
- Meetings: 1st and 3rd Tuesday at 6pm, County Counsel building, 1300 Franklin Street, 6th floor, there is a sign in sheet if you're interested in testifying

- Encourage community members to do this, there is room for people on the panel when you present your case.
- Meeting agendas for the county: <https://www.clark.wa.gov/council-meetings>
- Clark County TV (watch how the meetings take place): <https://www.cvtv.org/>
- There is a full needs assessment in the works. It is hard to get staffing to accomplish this and may be a good topic to testify for. Council needs to hear community needs especially from businesses.
- A safe space for youth to hang out may be a good topic also.
- Affordable housing also continues to be a top issue.
- Testify for affordable housing:
  - Housing that is affordable for low income, based on percentage of median income (legal definition, federally).
  - Market rate affordability of single family affordability = middle class living is now higher class living, being able to find it or being able to afford it.
  - Need more middle class housing.
  - Supportive housing for residents in apartments, help them with security deposits, difficult for landlords because they do not make a profit on it.
  - Need increased clean/sober housing like Oxford Housing.
  - Tiny Houses being created for people in transition from homelessness but it is missing the support from community members.
- Still a need for respite care for youth and a way to decrease the school to jail pipeline.
- Shelters and housing resources need to contact the Council to bring up agenda topics that matter.
- Currently, Temple is working on protecting natural resources from logging. Many community members have started to lobby against it also.
- Temple's Facebook: <https://www.facebook.com/CouncilorTempleLentz/>

## Youth Advocacy and Empowerment Report Out – Briana Mason

- Youth Advocacy and Empowerment meeting purpose and location discussed, shared out last meeting minutes.
  - Group sewed "Worry Monsters".
  - Made self-care "fortune cookies".
  - Started working on a project to put all the local resources onto a bulletin board.
- Save the Date: Art in the Park – August 6<sup>th</sup> at Marshall Park.
  - Tie-dye, rock painting, splatter art, and face painting and other activities.
  - Food.
  - **FYSPRT will need volunteers to help out at the different activities – Please contact Michelle or Briana if you are willing to help out.**
- YA&E will be launching an Instagram page @swwa\_yae Follow and support our page. Please follow the Facebook page also <https://www.facebook.com/FYSPRT/>
- Next YA&E meeting to focus on self-care and positive affirmations and the power that it can create when you have positivity.
- YA&E will also be looking at self-identities and the different types of love and what it means to youth.

- Youth led activity was conducted – Grid activity – try to get across the paper grid using teamwork.
- Next YA&E Meeting - We meet the first Monday of every month (July 1st) at Hanna Hall Room 118 at Clark College from 5:30-7:30pm. August 5<sup>th</sup> meeting will be in Hanna Hall Room 116.

### **WISe Update – Sam Lewis**

- Reviewed current status of WISe interest list as well as WISe report that they looking to add more staff and increase number of WISe providers.
- CCS/WISe had discussed in previous meetings about increasing the community's resources around "level 3" youth in order to take a preventative approach to treatment.

### **Wrap up and Evaluations**