SWWA FYSPRT Meeting Minutes

August 17th, 2020, at 4pm to 6pm

Location: Virtual via Zoom

Meeting Opening

- Introductions
- Virtual sign-in and technical assistance as needed
- Comfort agreement
- General announcements
  - Jerri shared has resources for youth having difficulties accessing services and school based sub work group.
  - Adulting 101 Update. Tri-Leads shared this program will be starting soon. A flyer will be sent out soon.

Statewide FYSPRT Update

- One of the main topics was inviting Youth MOVE National to share the results of the YVOC (Youth Voice on Councils) assessments they collected from FYSPRTs across Washington State that participated in their youth technical assistance.
- Then, Youth MOVE National used the breakout room feature of Zoom to leads in several activities to gather more information about youth behavioral health during the COVID19 pandemic. Questions asked were:
  - Youth voice in the Statewide FYSPRT
  - The times we live in and impact on youth behavioral health needs
  - Engaging FYSPRT membership virtually

SWOT Analysis and Needs Assessment

- Each year, all FYSPRTs across Washington State use a tool of their choice to identify the strengths and opportunities for growth in their Region's youth system of care.
- SWWA FYSPRT uses SWOT analysis. SWOT stands for strengths, weaknesses, opportunities, and threats.
- Tri-Leads led attendees in a guided activity using Kahoot to see what strengths and weakness could be kept, needed modifying, or could be removed.
- Goal of Needs Assessment is to then help in creating the Workplan; the Workplan is used to guide the SWWA FYSPRTs activities, events, and projects for the coming year.

PANiC: Proactively Addressing Needs in the Community

- Life hacks
- Needing more connection
- Finding ways to interact
- Getting people to the plate
- Car movies
- Online isn't a viable solution for many

- Jerri has info on disability rights and schools
- Going out into fields and playing
- Having pods of people to interact with to keep safe

Wrap Up and Evaluations