

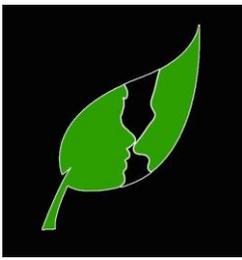
## Southwest FYSPRT Meeting Agenda

Date: April 18, 2022

Time: 4:00 p.m. – 6:00 p.m.

Location: [Zoom Meeting](#)

<b>Co-facilitators:</b> Michelle Karnath, Kirstin Peterson, Katie Favela <b>Note Taker:</b> Payton Thornton		<b>Time Allowed</b>
<b>Welcome and Introductions:</b>	<p>General Announcements</p> <p><i>Jerri Clark, PAVE</i>  <a href="https://wapave.org/behavioral-health-toolkit-for-navigating-crisis-school-based-services-medical-services-family-support-networks-and-more/">https://wapave.org/behavioral-health-toolkit-for-navigating-crisis-school-based-services-medical-services-family-support-networks-and-more/</a></p> <p><i>Daniel Smith, CHPW</i>            Hey All-here is CHPW benefit page link. <a href="https://www.chpw.org/chpw-benefits-plus/">https://www.chpw.org/chpw-benefits-plus/</a>            As LeeAnn mentioned, we collaborate of a lot of benefit presentations to individuals as well as organizations. Please reach out to us at your convenience. If you want CHPW direct contacts email me at <a href="mailto:Daniel.smith@chpw.org">Daniel.smith@chpw.org</a></p>	4:00-4:15
Trusted Adult Program - NAMI	<p><i>Kathleen Donaldson and Kim Schneiderman</i></p> <p><b>TAP PROGRAM</b></p> <ul style="list-style-type: none"> <li>• Kids mental health issues have been outpaced by our abilities to help them, but they aren't being heard or don't have enough professional resources available to them.</li> </ul> <p><b>The Calm and Connected Toolkit</b></p> <ul style="list-style-type: none"> <li>• Training adults to learn about themselves and their own mental health, and learning to deal with their own issues (Self Regulation)</li> <li>• They are trained further on taking note and learning to recognize mental health issues with youth, and listen to what kids are saying (Co-Regulation)</li> <li>• Training students/youth to predict safety/regulate their own emotions and learn to respond to situations.</li> </ul>	4:15-4:50



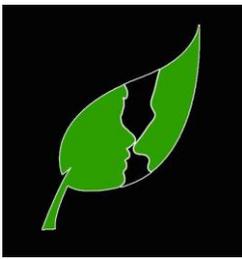
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<p><b>Who are these adults?</b></p> <ul style="list-style-type: none"> <li>Parents are part of it, but more importantly looking for community members who can be those trusted adults. Whether that is school office staff, school counselors, or other adults that are interacting with youth and are willing to train to be that trusted adult.</li> </ul> <p><b>Call to Action</b></p> <ul style="list-style-type: none"> <li>Find people who can be trusted adult trainers. There is a commitment of 40 hours of training to become a trusted adult trainer.</li> </ul> <p><b>Q &amp; A</b></p> <p><i>Are training scheduled, or are they waiting for interest?</i></p> <p>They are waiting for interest. Direct those who are interested to Kim Schneiderman. They'd like to see a couple people in Skamania and Klickitat County.</p> <p><i>What does the train the trainer structure look like?</i></p> <p>The training is the initial 12 hours (learning to become a trusted adult and use the toolkit). The rest of the time (28 hours) is module by module research-based learning sessions, and coaching practice sessions with feedback from the trainers.</p> <p><i>Request made for social media copy to push people to this program.</i></p>	



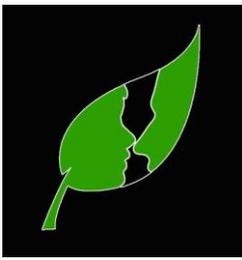
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SWWA Monthly Community Spotlight	<p><i>LeeAnn O’Neil, AmeriGroup of Washington</i></p> <p>“LeeAnn is the Community Engagement Specialist for Amerigroup, WA, covering Clark, Cowlitz, Klickitat, Skamania and Wahkiakum counties. She’s lived here in Clark County all her life and currently has 16 and 18 year olds, both currently involved in the Clark County behavioral health system. She officially attends Clark County FYSPRT meetings as a representative of Amerigroup, WA, an Apple Health option here in Clark County but previously attended these meetings as a parent before being employed with Amerigroup. When she chimes in during meetings now, it’s usually as a mix of System Partner AND Family.</p> <p>With a passion for both youth and mental health, FYSPRT has become a space LeeAnn feels comfortable, knowledgeable and useful. She recognizes the positive impact FYSPRT can have both in helping the community be better at supporting our youth’s resilience, but also in identifying gaps and barriers in their local systems and helping inform and improve those systems. Because she also covers Cowlitz County, she’s been involved with restarting the FYSPRT in that county and recently became the System Tri-Lead for the Great Rivers Region where she hopes to learn more about the FYSPRT framework, continue making connections and hopefully improving the systems of behavioral health care for our youth.</p> <p>Amerigroup, WA is an Apple Health option that has operated in WA since 2012 and in Clark County since 2018. To learn more about Amerigroup, WA you can go to <a href="https://www.chooseamerigroup.com/wa">https://www.chooseamerigroup.com/wa</a> or just email or call LeeAnn directly. She joined Amerigroup, WA to help bring a new Apple Health option to our community and is eager to connect with the community! 360-485-7060 or LeeAnn.ONeil@amerigroup.com “</p>	4:50 – 5:10



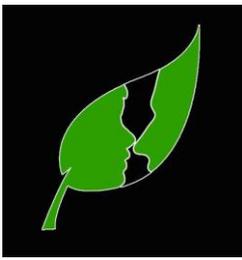
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<p><i>Benefits</i></p> <ul style="list-style-type: none"> <li>• Eyeglasses Frames/Hardware</li> <li>• GED Testing</li> <li>• Acupuncture</li> <li>• Weight Watchers Voucher</li> <li>• Maternal Meal Program (up to 2 meals a day for 14 days)</li> <li>• Electric Breast Pump</li> <li>• Prenatal/Post-partum Checkups</li> <li>• Circumcision</li> <li>• 2 Maternal Health Items</li> <li>• Flu/Pandemic Essentials Kit</li> <li>• Non-Medical Transportation</li> <li>• Emotional Well-Being Resources</li> <li>• Light Box</li> <li>• Peer Support Specialist Registration/Renewal Cost Coverage</li> <li>• Internet Essentials Program</li> <li>• Employment Industry Certification Cost Coverage</li> <li>• Incarceration Transition Free Laptop + Related Costs Covered</li> </ul> <p><i>Youth Benefits</i></p> <ul style="list-style-type: none"> <li>• Free 4H Membership</li> <li>• Free Boys and Girls Club Membership</li> <li>• Free YMCA Membership</li> <li>• Healthy Eating</li> <li>• Exercise Program</li> <li>• Calm App</li> <li>• Online Tutoring through Tutor Me</li> </ul> <p><i>Q &amp; A</i></p> <p><i>Is this information easily found on the AmeriGroup website?</i></p> <p>Have them call member services or LeeAnn directly for more information.</p>	



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Information (Michelle)	Challenge and Solution Form Follow- Up <ul style="list-style-type: none"> <li>• Lack of outreach surrounding cultures that may not often seek help and not having providers that represent their community.</li> <li>- Latino Leadership NW- Diana Avalos Leos would be a wonderful connection for this.</li> <li>• Changing the way that Medicaid is funded for children receiving services under the age of 18, so regardless of the level of need they can receive services in their own home. Creating a more cohesive approach with children, families and their providers.</li> <li>- An increase in providers that can meet kids where they are at beyond just Wise.</li> <li>- What the evidence based clinical based work needs to be brought forward to support this?</li> <li>- This may be applicable to the Strategic Plan Legislation that was passed.</li> </ul>	5:10- 5:30
Adulting 101/ YAE Update- Maranda Heckler	<ul style="list-style-type: none"> <li>• Held every other week, the next meeting is on Post-High-School options.</li> </ul>	5:30- 5:35
Activity: Community Connection	Name: Kirstin, Stephen, Sunny, Tasha, Rick, Brian, Payton, Ann, Christal, Carole, LeeAnn, Maranda, Meridian, Kread, Katie, Michelle What do you do? Why do you come to FYSPRT? Something Fun About You?	5:35- 5:55
<b>Wrap up/ Evaluations/ Questions:</b>	<a href="#">Fill Out The Evaluation Here</a>	5:55- 6:00